Dear Prospective Students:

We at the American Academy of Acupuncture and Oriental Medicine (AAAOM) would like to extend a warm welcome to interested students from across the country. Participating in our program will offer you new challenges and rich rewards. The ancient Chinese arts of healing are finding new life in the 21st century, and you have the opportunity to be pioneers in this cross-cultural adventure.

At AAAOM, we believe that traditional Chinese medicine offers a perfect blend of medical science, life philosophy and healing art. Our goal is to train health care professionals who will be highly competent, highly skilled and dedicated to the practice of traditional Chinese medicine. Graduates of our program acquire a comprehensive theoretical knowledge of traditional Chinese medicine, as well as the practical and technical skills needed to effectively treat patients. Students gain expertise in various modalities of Chinese medicine, including acupuncture, herbal medicine, medical Tuina (therapeutic massage), dietary therapy and Tai Chi/Qi Gong. At the same time, our students receive a thorough grounding in fundamental concepts of Western science and biomedicine, emphasizing the integration of Western medicine with traditional healing practices.

Thank you for your interest in the American Academy of Acupuncture and Oriental Medicine. I am always available to discuss our program with prospective students and look forward to hearing from you.

Changzhen Gong, Ph.D.
President
AAAOM
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AAAOM is a truly unique institution...

Some of our outstanding features include:

**Faculty.** Our faculty members constitute one of our strongest distinctions. AAAOM’s professors include expert scholar-physicians from China who have made significant contributions to the field of traditional Chinese medicine. They have collectively published over 1000 textbooks, research papers and reference books in China and the United States. Yet they are also active practitioners of Chinese medicine, who offer decades of clinical experience for students to draw on. Our faculty also includes highly-skilled U.S.-trained instructors, and professors of bio-medicine who have received training in both Western medicine and acupuncture. The Academy’s faculty members, with their strong theoretical background, clinical experience, and technical skills, represent a uniquely diversified body of knowledge and expertise.

**Student Body.** Our programs attract intelligent, accomplished students who represent a diverse group of cultures, ages, interests, and a wide variety of academic and career experiences. Many of our students come to us from other areas of the health care field, such as nursing, body work or health care administration. Many come from unrelated fields and are simply drawn by a passion for Chinese medicine. Exchanges among students contribute to a wider learning process outside the context of formal study. Students quickly form close bonds and develop collegial relationships with faculty and fellow students alike.

**Student Clinic.** From their first year of study, students participate in clinical observation at our on-campus clinic. Advanced techniques in acupuncture and herbal medicine are modeled by expert faculty practitioners, who carefully discuss each patient’s case with observing students. In their third and fourth years, student interns treat their own patients under faculty supervision, gaining confidence and proven experience diagnosing and treating a wide variety of conditions. AAAOM is proud to offer affordable acupuncture and herbal medicine services to the Twin Cities community.

**Curriculum.** Theory, technique, real-life applications and clinical experience are deftly interwoven in AAAOM’s comprehensive curriculum. Students find the program to be both intellectually stimulating and practically sound. As part of our core curriculum, we offer specialized courses in the TCM approach to gynecology, oncology, geriatrics, dermatology, psychology, neurology, and musculo-skeletal disorders. Vital course work in practice management, ethics and legal issues, medical referrals, and the health care system prepare graduates to enter the professional world.

**Library.** The AAAOM library has a comprehensive collection of books and periodicals on acupuncture and Oriental medicine. We allocate resources to purchase both English-language and Chinese-language books in this field, with the objective of collecting every book on acupuncture and Chinese herbal medicine which is available in English. We keep over one hundred journals on traditional Chinese medicine from around the world. Our goal is to have the most complete TCM library outside of East Asia.

**Study Abroad.** A unique feature of AAAOM program is its affiliation with several medical schools in China. The Shandong University of Traditional Chinese Medicine in Jinan, China serves as a model for high-quality instruction and standards of practice. Advanced AAAOM students can continue their studies there at the Ph.D. level or participate at different TCM universities in China facilitated by AAAOM. Exchange programs between AAAOM and other traditional Chinese medical schools in China can also be arranged to suit individual student needs, and to provide students with the best possible opportunities to study traditional Chinese medicine.
**Introduction**

The American Academy of Acupuncture and Oriental Medicine (the Academy) offers a Master of Science degree in Acupuncture and Oriental Medicine, emphasizing both acupuncture and Chinese herbology. Students may choose to develop special skills in one of the following areas of traditional Chinese medicine: gynecology, internal medicine, geriatrics, pediatrics, dermatology, neurological disorders, musculo-skeletal disorders or sensory organ disorders. Additionally, a 41-credit Tui Na Program is offered which confers a certificate in Chinese therapeutic massage.

Academy faculty members are highly-trained professionals in their fields of expertise. They include skilled doctors of Oriental medicine from China, and doctors of biomedicine who have received training in both Western and Oriental medicine. Our faculty members embody a comprehensive range of experience in academic knowledge, clinical practice and technical skill.

The Academy was founded with the aid and support of many people and institutions in China and the United States. The Shandong University of Traditional Chinese Medicine in Jinan, China, provided a model for the high-quality curriculum, instructional methods and standards of practice adopted by the Academy. Graduates and advanced students of the Academy are afforded the opportunity to continue their studies at Shandong University of Traditional Chinese Medicine and its affiliated hospitals. Additional opportunities for study and observation are available to our students at Nanjing University of Traditional Chinese Medicine and the China Academy of Traditional Chinese Medicine in Beijing.

**Statement of Purpose**

The American Academy of Acupuncture and Oriental Medicine educates and prepares students to become practitioners of acupuncture and traditional Chinese medicine (TCM), to advance the profession through lifelong learning and professional development, and to actively support the integration of TCM with the wider U.S. healthcare system.

**Educational Objectives**

The educational objectives of the American Academy of Acupuncture and Oriental Medicine are listed below. To achieve these objectives graduates will:

1. Demonstrate a solid understanding of the theories and philosophy of traditional Chinese medicine.
3. Be able to effectively administer various modalities in traditional Chinese medicine.
4. Demonstrate sufficient understanding of Western medical science to complement TCM medical diagnosis and to enable informed and responsible referrals.
5. Display a sound understanding of professional ethics.
6. Be competent in the application of professional practice standards in order to communicate and interact appropriately with peers and patients.

7. Be prepared to enter all available TCM professional practice opportunities including those in private practice, integrated clinics, hospitals, community health centers and teaching.

Location

The American Academy of Acupuncture and Oriental Medicine is located at 1925 West County Road B2 in Roseville, Minnesota, near the junction of Interstate 35W and Highway 36. Our facilities include 5 classrooms, a teaching clinic with 10 treatment rooms and 3 consultation rooms, a conference room, study room, herbal pharmacy, library, bookstore, and administrative and faculty offices. Classrooms are equipped with acupuncture charts and models, human anatomy models, and herbal samples. There is also a student lounge area and space for ongoing T’ai Chi and Qigong courses. The building has ample free parking to accommodate students, faculty, and patients.

History of AAAOM

Following the remarkable success of the three TCM Health Centers in Minnesota, which began providing acupuncture services in 1995, The Academy’s founders were strongly encouraged by staff and faculty of our sister school in China, the Shandong University of Traditional Chinese Medicine in Jinan, to establish a school of TCM in the United States. After much hard work and dedication, the Academy was founded in August 1997, and regular classroom instruction began in January, 1999.

Registration and Approval

The American Academy of Acupuncture and Oriental Medicine is registered with the Minnesota Office of Higher Education pursuant to sections 136A.61 to 136A.71. Registration is not an endorsement of the institution. Credits earned at the institution may not transfer to all other institutions.
Accreditation

On 27 February 2020, the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM) placed the American Academy of Acupuncture & Oriental Medicine (AAAOM) on an “Order to Show Cause” sanction. If AAAOM is unable to prove why its accreditation status should not be terminated, ACAOM will take timely and appropriate action consistent with its Commission Actions Policy up to and including termination of accreditation. The accreditation status of the institution and its programs continues during the Show Cause period.

The American Academy of Acupuncture & Oriental Medicine and the following programs are accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM):

(1) Master of Acupuncture (MAc)
(2) Master of Acupuncture with a Chinese herbal medicine specialization (MAOM)

Accreditation status and notes may be viewed on the ACAOM Directory.

ACAOM is recognized by the United States Department of Education as the specialized accreditation agency for institutions/programs preparing acupuncture and Oriental medicine practitioners. ACAOM is located at 8941 Aztec Drive, Eden Prairie, Minnesota 55347; phone 952/212-2434; fax 952/657-7068; www.acaom.org

AAAOM's Doctor of Acupuncture and Oriental Medicine program, approved to begin enrolling students, is not yet accredited or pre-accredited by ACAOM. Graduates of this program are not considered to have graduated from an ACAOM-accredited or pre-accredited program and may not rely on ACAOM accreditation or pre-accreditation for professional licensure or other purposes.

The Doctor of Acupuncture and Oriental Medicine program is eligible for ACAOM accreditation, and AAAOM is currently in the process of seeking ACAOM pre-accreditation/accreditation for the program. However, the University can provide no assurance that pre-accreditation or accreditation will be granted by ACAOM.

Minnesota Licenses Requirement for Practice

Minnesota requires that candidates pass the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM) acupuncture examination in order to practice in the state. The Minnesota Board of Medical Practice is the licensing agency for practicing acupuncture in Minnesota. Graduates from the Acupuncture and Oriental Medicine program at the American Academy of Acupuncture and Oriental Medicine, which is an accredited program with the Accreditation Commission for Acupuncture and Oriental Medicine, are qualified to take the NCCAOM exams. The Academy prepares its students for national certification by the NCCAOM.
Traditional Chinese Medicine: Ancient Wisdom Plus Scientific Evidence

Traditional Chinese medicine is an aggregate of healing modalities, which includes acupuncture, Chinese herbal therapy, Tui Na, dietary therapy, T’ai Chi and Qigong. It is ultimately based in Taoist philosophy, and rests on several thousand years of observation, clinical experience, and scholarly research. The treatment methods and herbal formulas are empirically proven and have been refined over the centuries by many schools and many healing masters. It is a very stable and comprehensive system, yet it is also open-ended, able to incorporate any successful new methods. Chinese researchers have been applying scientific methodology to aspects of Chinese medicine for decades; Western scientists have jumped on the bandwagon more recently as interest in Oriental medicine has grown. The National Institutes of Health have classified traditional Chinese medicine as a “complete medical system.” Scientific studies, both in China and in the West, have tended to substantiate the efficacy of Chinese medicine techniques and herbal therapies.

Traditional Chinese medicine is highly respected worldwide for effectively treating both common ailments and difficult health conditions. Millions of people throughout China’s long history have maintained their wellness with Chinese medicine, used either as primary or complementary care.

Ancient Wisdom

Traditional Chinese medicine is more preventive in nature than conventional medicine. It believes that waiting to treat a patient until symptoms are full-blown is similar to digging a well after one has become thirsty. In ancient China, physicians were paid if they kept their clients well, not once their patients became ill. The relationship between physicians and patients was very close.

Traditional Chinese medicine is holistic. The modalities of treatment (acupuncture, Chinese herbal therapy, Tui Na), diet (nutrition and dietary therapy), and exercise (T’ai Chi and Qigong) are aimed at resolving the underlying causes of illness. Body, mind and spirit are considered to have a reciprocal relationship and are given equal weight when a Chinese medicine practitioner analyzes the causes of an imbalance.

From the very beginning, traditional Chinese medicine paid close attention to the emotional roots of illness, focusing especially on fear, anger, sadness, grief and worry. China’s first book of medicine, Yellow Emperor’s Classic of Internal Medicine, which was written more than 2,000 years ago, explains how these emotional factors attack different organ systems in the human body, causing a variety of health problems.

In addition to the emotions, climatic and environmental factors such as cold, heat, or dampness may cause specific illnesses. We are all familiar with people whose joint pains can predict weather changes. These profound, yet common-sense interconnections between the external and internal environments are at the core of traditional Chinese medicine’s diagnosis and treatment principles.

Traditional Chinese medicine has a more comprehensive way of treating diseases than Western medicine. For instance, when a patient gets frequent infections, traditional Chinese medicine believes that just killing the bacteria is insufficient. It is more important to strive to enhance the
patient’s immune system, thereby preventing future infections as well. Treatment for this kind of condition could include acupuncture, Chinese herbal therapy and Tui Na.

Because of its emphasis on preventive treatment, traditional Chinese medicine has an advantage in treating chronic health conditions such as asthma, headaches, depression, fatigue, allergies, immune deficiency disorders, joint and muscle pain, and gynecological disorders.

**Modern Evidence**

Every type of health problem has been treated successfully for thousands of years in China. Yet people always wonder: “Is there any scientific evidence?” Modern scientific research has found that:

* Acupuncture points contain dramatically decreased electrical resistance, as compared with the surrounding skin.
* Acupuncture releases neurotransmitters such as endorphins, serotonin and norepinephrine.
* Acupuncture stimulates the nervous system to release adrenocorticotropic hormones.
* Acupuncture promotes vasodilatation and increases blood flow.
* Acupuncture connects acupoints with corresponding brain structures, observed by functional magnetic resonance imaging (fMRI).

This may explain why acupuncture relieves pain, fights inflammation, helps wounds heal faster, and treats stroke and many other conditions. Scientific evidence has already convinced the FDA to upgrade acupuncture needles from “for investigational use only” to “safe and effective.”

Many Chinese herbs, such as ginseng and ginkgo, have received extensive study. There are thousands of scientific papers available in English about these and other herbs’ ability to treat health conditions and maintain wellness.

Chinese dietary therapy has gained respectful attention in the United States. Many of the phytochemicals that are prevalent in Chinese cuisine have been scientifically proven to be beneficial for numerous health conditions, such as the photestrogen in soy products being therapeutic for menopause and cancer.

Studies done at the Medical School of Washington University and the Health Center of Emory University show that practicing Tai Chi is an excellent way to improve endurance, balance and flexibility at any age.
Acupuncture and Oriental Medicine in the United States

History doubles back on itself. Before modern Western medicine was developed, people relied on natural products and methods to heal themselves. Many of these natural remedies were and are very effective, but they cannot deal with all of the suffering that both nature and industrialization bring to human beings. Because antibiotics, surgical intervention, and other wonders of modern medicine can be so dramatically effective, they have swept the world in the last hundred years, with the result that older forms of medicine have often been displaced or discredited. But it is true that, just as modern medicine demonstrated the limitations of natural medicine, so we are now beginning to recognize the limitations of Western medicine. The “magic bullets” of antibiotics or steroids, for example, have turned out to be a mixed blessing, with many side effects and unforeseen complications. Medical specialties have such a tight focus on a particular organ or disease that the patient often feels that he is just a “heart” or a “cancer” to his doctor, and that his emotional and spiritual needs are not even recognized, much less addressed. More and more people are once again looking to older, more integrated forms of medicine to address the perceived body-mind-spirit connection that has been subordinated to modern technology. The most significant development in health care in the past few years has been the increasing acceptance of complementary medicines by the public. Chinese medicine, possibly because the acupuncture needles offer such striking visual images, has become almost the poster child of complementary medicines, featured in many cover-page magazine stories. Today, TCM – a medical system that has been in continuous use for the last 4,000 years – is steadily gaining popularity in the United States and around the world.

Acupuncture and Oriental Medicine Utilization

The extent to which acupuncture and Oriental medicine are being utilized by people in the United States was revealed by two landmark reports published by Harvard Medical School professor Dr. David Eisenberg. The first report was published in the New England Journal of Medicine in 1993, based on a study conducted in 1990. Dr. Eisenberg reported that one third of Americans had received complementary and alternative medicine interventions. Most of these people were in the 25-to-49 age group, were significantly more likely to be Caucasian than any other racial group, were significantly more likely to have a college education, and to have an income of $35,000 or more per annum. This national survey reported that Americans made more visits to complementary health care practitioners including acupuncturists than to MDs! A study conducted in 1994 showed that over 69% of physicians recom-
mended complementary/alternative therapies to their patients at least once in the previous year, and 23% of the physicians had used complementary therapies themselves. A follow-up national survey by Dr. Eisenberg on trends in alternative medicine use was published in the Journal of the American Medical Association (JAMA) in 1998. This article reports a 47.3% increase in total visits to alternative medicine practitioners over seven years - from 427 million in 1990, to 629 million in 1997 - thereby exceeding total visits to all US primary care physicians.

The Food and Drug Administration (FDA) estimates that 15 million Americans visit acupuncturists annually. The National Commission for the Certification of Acupuncture and Oriental Medicine (NCCAOM) has certified 19,000 acupuncturists. The American Academy of Medical Acupuncture (AAMA) estimates there are currently more than 3,000 physicians practicing acupuncture in the United States. More and more MDs are beginning to recommend acupuncture to their patients. Recent gatherings of the Department of Continuing Education at Harvard Medical School included hundreds of MDs who were interested in learning more about complementary medicine, and every day's program included lectures on acupuncture and traditional Chinese medicine. A 1998 study published in the Archives of Internal Medicine revealed that acupuncture is the first choice of US medical practitioners who refer patients to a complementary medicine provider. An article appearing in the March 5, 2002 issue of Annals of Internal Medicine (the official publication of the American College of Physicians and the third largest medical journal in the United States) stated that acupuncture holds the most credibility in the medical community amongst all the complementary medical systems.

In an article in Annals of Internal Medicine, July, 1997, "Advising Patients Who Seek Alternative Medical Therapies," Dr. David Eisenberg cited five principal reasons individuals seek complementary treatment including acupuncture: 1. Health promotion and disease prevention. 2. Conventional therapies have been exhausted. 3. Conventional therapies are of indeterminate effectiveness or are commonly associated with side effects or significant risk. 4. No conventional therapy is known to relieve the patient's condition. 5. The conventional approach is perceived to be emotionally or spiritually without benefit.

An article which appeared in the May, 1998 issue of the Journal of the American Medical Association by John A. Astin, Ph.D. reported the results of a statistically representative survey of Americans about their use of acupuncture, homeopathy, herbal therapies, chiropractic, massage, exercise, vitamin therapy, spiritual healing, life-style diet, relaxation, folk remedies, and others. This survey indicates that patients suffering from chronic pain, anxiety, chronic fatigue, sprains/strains, addictions, arthritis and headaches - which account for 75% of all visits to a physician - have a low success rate with conventional medical treatment. Traditional Chinese medicine, including acupuncture, has a well-documented history of success in treating medical conditions such as chronic pain, anxiety, chronic fatigue, sprains/strains, addictions, arthritis and headaches. Traditional Chinese medicine is a complete medical system with a comparative advantage in treating pain conditions, functional disorders, chronic diseases, gastroenterological problems, gynecological health issues, and neurological and muscular-skeletal diseases.
Acupuncture and Oriental Medicine in the United States

Acupuncture and Oriental Medicine Licensure

In 1973, Nevada became the first state to adopt a system of licensure for acupuncturists. In 1974, Oregon conducted the first formal examination of acupuncture candidates. New York adopted a standard for licensure in 1975. Today forty-four states, plus the District of Columbia, have an acupuncture statute and license the professional practice of acupuncture. Most states designate their practitioners as "Licensed Acupuncturist," while "Doctor of Acupuncture" is the legal title in Rhode Island; "Acupuncture Physician" in Florida; "Doctor of Oriental Medicine" in New Mexico; "Doctor of Oriental Medicine" or "Acupuncture Assistant" in Nevada; "Acupuncture Assistant" in Louisiana. California uses both "Licensed Acupuncturist" and "Certified Acupuncturist" to designate its practitioners. Candidate licensure in most states requires passing the examinations provided by the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM), with the exception of California and Nevada, which have their own examinations. Most states have separate acupuncture boards to govern the practice of acupuncture, while some states choose other governance options such as the Board of Medical Practice (Minnesota), Department of Public Health (Connecticut), or Department of Regulation and Licensing (Wisconsin). The acupuncture boards in most states generally consist of acupuncturists who review applicants and regulate the practice of acupuncture. States which regulate acupuncture practice through their Medical Board or Department of Public Health will have an advisory board to assist the review of applicants and regulation of the field. Thirty-two states allow medical doctors to practice acupuncture without specific training, while eleven states, plus Washington D.C., clearly indicate that acupuncture is not in the scope of practice of an MD without specific training. Seven states remain undetermined on this issue. Only seven states allow doctors of chiropractic to practice acupuncture without specific training, while thirty-seven states, plus Washington D.C., clearly stipulate that acupuncture is not in the scope of practice of a doctor of chiropractic without specific training, and five states are undetermined. The practice of Chinese herbology is included in the definitions of acupuncture and Oriental medicine in states such as Florida, Minnesota, California, Texas, New Mexico, Oregon, while no clear definition is provided in many other states.

Acupuncture and Oriental Medicine Research

Acupuncture and Chinese medicine have been continuously practiced for thousands of years. Before TCM/acupuncture began to achieve higher visibility in the West in the 1970's, very little scientific research had been done in the United States, although researchers in Asia had been applying scientific methodology to traditional Chinese medicine (TCM) for decades. After traditional Chinese medicine including acupuncture gained a foothold in the West, there was a demand for scientific studies that would either prove or conclusively disprove the success stories that acupuncture enthusiasts were claiming. Skeptics were sure that the bright light of scientific methodology would show that Chinese medicine, and especially acupuncture, was all "smoke and mirrors." Significantly, the scientific studies have uniformly backed up the claims of Chinese medicine, lending support to those who wish to take the best of conventional and complementary medicine and integrate them. Improved acupuncture research has steadily increased over the past ten years. A consensus conference on acupuncture convened by the National Institutes of Health (NIH) concluded its panel
report with the endorsement "...there is sufficient evidence of acupuncture's value to expand its use into conventional medicine and to encourage further studies of its physiology and clinical value." This statement was published in the *Journal of the American Medical Association* in 1998. *The Lancet* concluded that "the West Gets the Point" in an End-of-Year review article in 1998. Scientific evidence has firmly established that acupuncture is effective for many conditions including post-operative pain from dental surgery, and nausea and vomiting from chemotherapy. The National Library of Medicine under the NIH has indexed 2302 research papers on acupuncture, compiled from January 1970 through October 1997 and available to English readers. The NIH has sponsored 155 acupuncture research projects to date. Presently, there is a booming, ever-growing interest by researchers around the world in applying the scientific methodologies of clinical trials, pharmaceutical research, and double-blind studies to acupuncture, Chinese herbal medicine, Qigong, and Tai Chi.

**Acupuncture and Oriental Medicine Education**

Training programs for acupuncture, Chinese herbology, and other modalities of Oriental medicine are provided through accredited and candidacy colleges. The National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM) has established certification programs in acupuncture, Chinese herbology and Oriental bodywork therapy. The Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM) is the accrediting agency for the master's degree and master's level certificate and diploma program in acupuncture. The Council of Colleges of Acupuncture and Oriental Medicine (CCAOM) develops academic and clinical guidelines and core curriculum requirements for master's level programs in acupuncture as well as acupuncture and Oriental medicine. More recently, CCAOM developed doctoral level programs in acupuncture and Oriental medicine.

Currently there are fifty accredited and candidacy colleges offering acupuncture and Oriental medicine programs in the United States. These organizations recognize the vast cultural and historical background of Oriental medicine, and the diversity involved in its teaching and practice. Because the United States has a strong tradition of respecting cultural diversity, Oriental medicine programs and colleges in this country have developed curricula and teaching protocols based in a variety of traditions including traditional Chinese medicine, Japanese acupuncture, five-element acupuncture, and French acupuncture.

Textbooks are a significant part of acupuncture and Oriental medicine education. There are now a wide variety of textbooks dealing with acupuncture, Chinese herbology, Chinese dietary therapy, Chinese medicine theory, Chinese medicine diagnostics, Chinese internal medicine, Chinese medicine gynecology, Chinese medicine dermatology and Chinese medicine pediatrics. Leading publishers in this field include Eastland Press, Churchill Livingstone, Blue Poppy Press and Foreign Language Press. These publications significantly supplement the teaching and education of acupuncture and Oriental medicine in the United States.
Master’s Degree Programs in Acupuncture and Oriental Medicine

The core curriculums of the Academy are designed to be master’s degree programs. The Master’s degree program of Oriental Medicine prepares graduates to competently use acupuncture, Chinese herbal medicine, Tui Na and Oriental dietary therapy and other healing modalities from traditional Chinese medicine to accurately diagnose and effectively treat patients. This program meets the standards that allow students to successfully take the acupuncture, Chinese herbology, and Oriental medicine diplomate exams of NCCAOM.

The total curriculum of acupuncture program is 2430 hours (136 credits), while that of Oriental medicine program is 3180 hours (182 credits). Students may choose to emphasize acupuncture, Chinese herbology, and/or Oriental medicine, and they may focus on one or more areas of specialization in traditional Chinese internal medicine, gynecology, geriatrics, pediatrics, dermatology, neurological disorders, musculo-skeletal disorders and sensory organ disorders. The programs are designed to run nine trimesters (twelve for Oriental medicine), with fifteen weeks per trimester. The maximum time for program completion is six years (eight years for Oriental medicine). It is also possible to accelerate through the program and complete it in nine trimesters. Students may enroll on a full-time or part-time basis.
Acupuncture Program Curriculum Outline

Curriculum for the Master’s Degree Program in Acupuncture is based on a 15-week trimester.

First Year

First Trimester

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<td>Meridians</td>
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<td>1103</td>
<td>TCM and Chinese Culture</td>
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Master's Degree Program in Acupuncture

Second Year

First Trimester

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PRECLINICAL EXAMINATION

Second Trimester

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Third Trimester

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### Master’s Degree Program in Acupuncture

#### Third Year

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**Comprehensive Examination**

**PROGRAM TOTAL**

2430  136

600 hours of clinical practice are required during the remaining five trimesters in order to complete the program.
Acupuncture Program Course Descriptions

1101 TCM Theory 4 credits/60 hours
Prerequisites: None
Provides the student with solid training in the basic theories of traditional Chinese medicine. Yin/Yang, five elements, Chi, Blood, essence, body fluids, visceral manifestation and the Zang/Fu organs and their interconnections are addressed in great detail.

1102 Meridians 2 credits/30 hours
Prerequisites: None
The beginning acupuncture course. Introduces general information about the concepts of meridians and collaterals, classifications of the meridian system, distribution laws of the meridians, distribution routes of the meridians and functions of the meridians and collaterals. Important acupuncture points will be discussed in the class.

1103 TCM and Chinese Culture 2 credits/30 hours
Prerequisites: None
Offers a cultural perspective on traditional Chinese medicine by tracing the historical development of both Chinese medicine and modern biomedicine in China, and emphasizes the cultural, environmental, and social-political events and interactions that have shaped the origin and development of traditional Chinese medicine.

1104 Anatomy & Physiology I 4 credits/60 hours
Prerequisites: None
Introduces the functions and interrelationships of the physical and biochemical structures of the human organism. Emphasis is on the structure and function of the human body systems and internal organs. In-depth discussions on cells, tissues, skin, bones, skeleton, joints, and muscles are included.

1105 Western Medical Terminology 2 credits/30 hours
Prerequisites: None
Introduction to the etymology and technical language used in Western biomedicine to describe the physiology and pathology of the human organism. Latin and Greek roots and constructions of the most commonly used medical terms.

1106 Surface Anatomy 2 credits/30 hours
Prerequisites: None
Provides students with a solid basis for the study of acupoints. This course introduces the structural and biological features of the superficial parts of the human body, especially the anatomical landmarks in the areas where the most important points are located. Also includes landmark anatomy of the muscles, nerves, bones, ligaments, nodes, glands and vessels from topographical view.

1107 Tai Chi 2 credits/30 hours
Prerequisites: None
Through the practice of Tai Chi, students will gain understanding and perception of the flow of Chi through the body. A set of individual physical poses are performed together as a single, fluid, meditative form. The modified Yang-style Tai Chi form is presented in the class. Techniques to increase strength and flexibility and relieve physical and emotional stress are taught.
Master’s Degree Program in Acupuncture

1108 Clinic Observation I  2 credits/60 hours
Prerequisites: None
Clinic observation allows the student to witness first-hand the diagnosis of patients and the formulation and implementation of treatment strategies in an actual clinic setting. It provides a vital link between theoretical studies and practical application, and establishes the foundation for clinical work in the future. The student begins to learn the role of an acupuncturist in an actual clinical setting, along with basic principles of diagnosis and treatment. Students observe treatments performed by clinical instructors, supervisors and upper level students in the faculty/student clinic. Students keep a clinical notebook of treatments observed.

1201 TCM Diagnostics I  4 credits/60 hours
Prerequisites: TCM Theory
The first of a two-trimester series. This course combines didactic material on diagnostic theory with practical experience. Classical TCM diagnostic methods such as diagnosis by looking, hearing and smelling, asking and feeling. Includes in-depth discussion of commonly seen symptoms or signs of different diseases which gradually leads to the development of practical diagnostic skills.

1202 Point Location I  4 credits/60 hours
Prerequisites: TCM Theory
First of a two-trimester series. Students learn various point location systems: anatomical, proportional, by palpation, anatomical Chinese inch (cun) and fen, and the System of Nomenclature and Knowledge of Standards of the WHO Scientific Group to Adopt a Standard of International Acupuncture Nomenclature. Also included are the classification of points, forbidden points, functions and indications of acupuncture points, the location of approximately four hundred acupoints, and the location and trajectory of the twelve regular meridians, eight extra meridians and fifteen collateral vessels. This course focuses on the location, indications and contraindications, needle depths, general anatomy, and clinical energetics of the points of the Lung, Large Intestine, Stomach, Spleen and Heart meridians.

1203 TCM Pathology  2 credits/30 hour
Prerequisites: TCM Theory
Covers the six exogenous, seven emotional, and miscellaneous pathogenic factors. Pathological mechanisms are discussed in depth. It covers disharmony of Yin and Yang, conflict between anti-pathogenic and pathogenic Chi, and abnormal descent or ascent of Chi. The mechanisms of common TCM patterns are discussed.
Master's Degree Program in Acupuncture

1204  Anatomy & Physiology II  4 credits/60 hours
Prerequisites: None
A continuation of 1104. The regulation, integration and maintenance of the body are discussed. Subjects include the central nervous system, peripheral nervous system, the sense organs, endocrine system, cardiovascular system, immune system and the lymphatic system.

1205  Microbiology  2 credits/30 hours
Prerequisites: None
A fifteen-hour course which introduces the classification and morphological features of pathogenic microorganisms and the immune system, including AIDS, hepatitis, TB and other infectious diseases. Provides students with important basic knowledge for the protection of the patient and practitioner in the clinical setting.

1206  Healing Qi Gong  2 credits/30 hours
Prerequisites: None
Healing Qi Gong is an integrated mind-body healing method that has been practiced with remarkable results in China for thousands of years. This course is mainly focused on Medical Qi Gong for healing and illness prevention. Starting with a general survey of several traditional Qi Gong systems practiced today, this course will cover the philosophy, historical development and scientific investigation of Qi Gong. The course consists of three components: lecture/instruction, Qi Gong exercises and meditation. After taking this course students can practice it for self-development or can teach it to patients to enhance the effects of acupuncture and herbal treatment.

1208  Clinical Observation II  2 credits/60 hours
Prerequisites: None
A continuation of 1108.
Master's Degree Program in Acupuncture

1301  TCM Diagnostics II  4 credits/60 hours
Prerequisites: TCM Theory
A continuation of 1201. Introduces two important diagnostic skills in Chinese medicine: tongue diagnosis and pulse diagnosis. Methods of tongue observation and taking the pulse, identification of different tongue pictures and pulse conditions and their different indications will be discussed in detail, with the goal of helping students establish a solid basis for the practice of these two important skills.

1302  Point Location II  4 credits/60 hours
Prerequisites: TCM Theory
A continuation of 1302. This course focuses on the Small Intestine, Urinary Bladder, Kidney, Pericardium, Triple Burner, Gall Bladder, Liver, Governing Vessel and the Conception Vessel meridians and extra meridians. Also included is a selection of extra points, the depths and angles of needle insertion, as well as contraindications for needling and moxibustion.

1303  Western Medical Pathology  4 credits/60 hours
Prerequisites: Anatomy & Physiology I & II
Students study Western biomedical approaches to the etiology, progression, and pathology of disease with a view toward developing a deeper understanding of this dominant medical perspective. This understanding will improve communication skills with health professionals and patients. The pathologic basis of some major diseases will be covered, including cell injury, inflammation, genetic diseases, neoplasia, infection, blood vessel diseases and immune disorders.

1304  OSHA/CNT  1 credits/15 hours
Prerequisites: None
Teaches the student sterilization and sanitation procedures as they apply to the practice of acupuncture. Also includes commonly used cleaning needle techniques. Enable the student to meet the requirements of work in the acupuncture clinical environment. One of the requirement for national certification. OSHA introduces the regulations of the Occupational Safety and Health Administration as applied at city, state and federal levels. Public safety issues are extensively discussed.

1305  Dietary Therapy & Nutrition  2 credits/30 hours
Prerequisites: TCM Theory
A continuation of 1206, introducing the application of Chinese medicine dietary therapy in internal medicine, gynecology, pediatrics and geriatrics. Designed to promote understanding of the specific nutritional and dietary needs of women at different stages of life, and of children during various developmental stages from a traditional Chinese medicine point of view. Foods and their specific Foods and dietary recipes with their TCM properties and functions for women, children and the elderly are addressed.

1308  Clinical Observation III  2 credits/60 hours
Prerequisites: None
A continuation of 1208.
### Master's Degree Program in Acupuncture

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<th>Credits/Hours</th>
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<td>2101</td>
<td>Acupuncture Techniques</td>
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<td><strong>Prerequisites:</strong> Point Location I &amp; II</td>
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<td>Provides an in-depth discussion of various acupuncture and moxibustion techniques. Includes commonly used techniques, such as the use of varieties of needles, manipulations, electro-acupuncture techniques, cupping therapies, moxibustion therapies, and so on. The indications of the various techniques will also be covered in this course.</td>
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<td>2102</td>
<td>Acupuncture Prescriptions</td>
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<td><strong>Prerequisites:</strong> Point Location I &amp; II</td>
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<td>Introduces the principles of point selection and combination in clinical practice. Applications of specific points and principles of acupuncture point prescriptions are thoroughly discussed, as well as classical rules and contemporary methods for clinical point selection and combination.</td>
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<td>2103</td>
<td>Western Pharmacology</td>
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<td><strong>Prerequisites:</strong> Anatomy &amp; Physiology I &amp; II; Western Pathology</td>
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<td>This course is a survey of Western pharmacology, with emphasis on the most commonly prescribed medications. Upon completing this course, students will be able to demonstrate knowledge of different classifications of Western medications, their indications and therapeutic uses, side effects, interactions with other medications and the risks associated with each medication.</td>
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<td>2104</td>
<td>Applied Acupuncture Points</td>
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<td><strong>Prerequisites:</strong> TCM Foundation Theory, Meridians, Point Locations</td>
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<td>This course introduces the most commonly-applied acupuncture points in clinical treatment. It covers specific categories of points, including: Five-Shu points, Yuan-Source points, Luo-Connecting points, Front-Mu points, Back-Shu points, Xi-Cleft points, Eight Influential points, Lower He-Sea points, Eight Confluent points, Crossing points, extra points, and contra-indicated points.</td>
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<td>2105</td>
<td>Western Physical Assessment</td>
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<td><strong>Prerequisites:</strong> Anatomy &amp; Physiology I &amp; II</td>
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<td>The purpose of this course is acquaint the students with Western physical diagnostic processes combining history taking, physical examination and differential diagnosis. Common physical examinations of the skin, head and neck, eyes, ears, nose and throat, thorax and lungs, heart and neck vessels, peripheral vascular system and lymphatic system, abdomen, muscular and skeletal system, neurological system, male genitalia, female genitalia/breast will be introduced &amp; covered.</td>
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<td>2106</td>
<td>CPR/First Aid</td>
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<td>Teaches students the basic emergency procedures used in first aid situations. Trauma, burns, soft tissue injuries, bandaging and splinting techniques and emergency childbirth are among the topics covered. Techniques in basic cardiopulmonary resuscitation (CPR) are introduced.</td>
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</table>
Master's Degree Program in Acupuncture

2201 Classical Needling Techniques  
Prerequisites: Point Location I and II  
2 credits/30 hours  
Teaches students the basic emergency procedures used in first aid situations. Trauma, burns, soft tissue injuries, bandaging and splinting techniques and emergency childbirth are among the topics covered. Techniques in basic cardiopulmonary resuscitation (CPR) are introduced.

2202 Modern Needling Techniques  
Prerequisites: Point Location I and II.  
2 credits/30 hours  
This course is designed to acquaint students with essential modern acupuncture techniques. Modern famous acupuncturists and major acupuncture styles/traditions will be discussed. Techniques from these styles and traditions will be demonstrated. Every student in class is expected to show mastery of these techniques either by practicing on volunteer patients or peer classmates.

2203 Laboratory Data Reading  
Prerequisites: Anatomy & Physiology I & II; Western Pathology  
2 credits/30 hours  
The student develops basic skills in interpreting medical images such as X-rays, CT scans and MRI. The student learns to read common Western medical diagnostic tests in conjunction with his/her future practice.

2204 Medical Tuina  
Prerequisites: TCM Theory  
2 credits/30 hours  
Introduces the principles and techniques of the traditional Chinese physical therapy known as Tuina. Students are trained to a level of basic proficiency in the treatment of structural and soft-tissue injury and dysfunction. Students learn how to deal with common health problems including general health, shoulder, neck, abdominal, common-cold, and headache protocols. Training is intended to develop the students’ physical approach to bodywork as a primary or complementary modality in their practice.

2205 Clinical Practice I  
Prerequisites: Pre-clinical Exam  
4 credits/120 hours  
Student Interns work on patients under the supervision of a Clinic Supervisor. Student Interns are gradually responsible for all aspects of Clinic organization and operation, patient diagnosis and treatment using acupuncture, and other TCM healing modalities. Interns can work as a team in the beginning stage. Teams remain together throughout this stage, and all members of a team are responsible for safe and appropriate patient treatment, from the initial patient visit through diagnosis, record keeping and case management. One team member is responsible for application of treatment, while the other team members act as assistants and are present throughout the treatment. All team members are responsible for maintaining the appropriate level of professional medical care at all times.

2301 Micro-acupuncture System  
Prerequisites: TCM Theory, Point Locations, Acupuncture techniques  
4 credits/60 hours  
The objective of this course is to acquaint students with the theory and application of micro-acupuncture therapies, including auricular acupuncture, scalp acupuncture, hand and foot acupuncture therapy, wrist and ankle acupuncture, abdominal acupuncture and facial acupuncture. Emphasis will be on point locations, needling techniques, and the scientific basis for these applications. Lectures also include treatment of common diseases with auricular acupuncture, scalp acupuncture, hand and foot acupuncture therapy, wrist and ankle acupuncture, abdominal acupuncture and facial acupuncture.
Master's Degree Program in Acupuncture

2302  Western Internal Medicine  4 credits/60 hours
Prerequisites: Anatomy & Physiology I & II; Western Pathology
A review of pathology, signs, symptoms, diagnosis and preferred treatment modalities for major internal disorders according to Western medicine. This course will focus on an understanding of the internal medicine system. Examination techniques and clinical aspects of internal disorders are discussed.

2303  Pediatric Tui Na  2 credits/30 hours
Prerequisites: TCM Theory; Point Location I & II
In this course, basic principles are learned through lectures, and essential techniques are demonstrated through hands-on experience. Indications and contraindications of major Tui Na techniques will be addressed and Tui Na techniques are applied to common health problems of children.

2305  Clinical Practice II  4 credits/120 hours
Prerequisites: Pre-clinical Exam
A continuation of 2205.

3103  Acupuncture Therapeutics I  4 credits/60 hours
Prerequisites: TCM Foundation Theory, TCM Diagnosis, Point Location
This course introduces the diagnosis and treatment of commonly seen diseases in TCM internal medicine. It covers three major areas: (1) a general introduction, which offers basic knowledge of etiology, pathogenesis, diagnostic skills and treatment strategies for internal medicine diseases, (2) pattern identification and treatment of commonly seen patterns of disease, (3) diseases of the respiratory, cardiovascular, digestive, urinary, immunologic and endocrine systems, as well as emotional disorders.

3105  Clinical Practice III  4 credits/120 hours
Prerequisites: Pre-clinical Exam
A continuation of 2305.
Master's Degree Program in Acupuncture

3201 Biomedicine Case Analysis  2 credits/30 hours
Prerequisite(s): Anatomy and Physiology I, II and Western Pathology, Western Physical Assessment, Lab Data Reading
This class is designed to help students prepare for the NCCAOM national board exam in biomedicine. Anatomy, physiology, pathology, physical assessment, lab results and western medicine treatments are synthesized into a unified framework. Ten body system are systemically reviewed through case studies and analysis.

3202 Acupuncture Therapeutics II  4 credits/60 hours
Prerequisites: TCM Theory, TCM Diagnosis, Point Location
This course introduces the diagnosis and treatment of commonly seen clinical conditions in TCM practice. It covers three major areas: (1) basic understanding of the etiology, pathogenesis, diagnostic skills and treatment strategies for common clinical conditions; (2) pattern identification and treatment of these commonly seen conditions; (3) broad understanding of conditions and applicability of acupuncture treatment in gynecology, pediatrics, dermatology, ophthalmology and otorhinolaryngology.

3203 Acupuncture Counseling  2 credits/30 hours
Prerequisite(s): TCM Diagnostics I and II
Course Description: This course provides methods for developing listening and communication skills and establishing rapport with patients. Effective and efficient communication with patients is emphasized. Counseling skills are further developed in the framework of the four examinations.

3205 Clinical Practice IV  4 credits/120 hours
Prerequisites: Pre-clinical Exam
Under supervision of a Clinic Supervisor, Student Interns handle all phases of Clinic organization and operation and diagnose and treat patients with acupuncture and herbs. The Student Intern is responsible for the safe and appropriate provision of acupuncture, which includes all aspects of the case from the initial patient visit, diagnosis, record keeping and case management.
Master's Degree Program in Acupuncture

3301 Ethics, Legal and Professional Issues  2 credits/30 hours
Prerequisites: None
This course examines the legal environment in which Chinese medicine operates, the scope of practice, and the acupuncture laws governing Minnesota and other states. The development of communication and counseling skills in professional practice is also stressed. Patient confidentiality, patient sensitivity to potential offenses and cultural differences are emphasized.

3302 Case-Based TCM Foundation  2 credits/30 hours
Prerequisites: TCM Theory, TCM Diagnosis, Acupuncture Prescription
This class is designed to help students prepare for the NCCAOM exam in TCM theory. A systematic review of the Chinese medicine fundamentals, including etiology, pathology, diagnostics, and treatment principles is conducted in this class. An analytical and synthetic approach will be applied to TCM case histories, emphasizing pattern differentiation and treatment strategy.

3303 Practice Management  2 credits/30 hours
Prerequisites: None
Introduces students to the basics of acupuncture business practice and management. Record keeping, informed consent, patient expectations, professional liability, patient contracts, insurance and billing, public education, and advertising and marketing are some of the topics which will be discussed.

3304 Acupuncture Board Review  2 credits/30 hours
Prerequisites: TCM theory, TCM diagnostics, Acupuncture prescriptions
This course is designed to help students prepare for the NCCAOM acupuncture exam. It will integrate meridians, point location, acupuncture techniques, acupuncture prescriptions consistently. It also covers acupuncture treatments of a variety of conditions with case histories.

3305 Clinical Practice V  4 credits/120 hours
Prerequisites: Pre-clinical Exam
A continuation of 3205.

Note: Courses marked with an asterisk (*) are elective.
Oriental Medicine Program Curriculum Outline

Curriculum for the Master’s Degree Program in Oriental Medicine is based on a 15-week trimester. Courses marked with an asterisk (*) are electives.

First Year

First Trimester

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<tr>
<td>1101</td>
<td>TCM Theory</td>
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<tr>
<td>1102</td>
<td>Meridians</td>
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<td>1103</td>
<td>TCM and Chinese Culture</td>
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Master’s Degree Program in Oriental Medicine

Second Year

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Master’s Degree Program in Oriental Medicine

Third Year

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### Master's Degree Program in Oriental Medicine

#### Fourth Year

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180 hours of clinical observation are required during the first six trimesters. 720 hours of clinical practice are required during the remaining six trimesters in order to complete the program.
Course Descriptions

1101  TCM Theory  4 credits/60 hours
Prerequisites: None
Provides the student with solid training in the basic theories of traditional Chinese medicine. Yin/Yang, five elements, Chi, Blood, essence, body fluids, visceral manifestation and the Zang/Fu organs and their interconnections are addressed in great detail.

1102  Meridians  2 credits/30 hours
Prerequisites: None
The beginning acupuncture course. Introduces general information about the concepts of meridians and collaterals, classifications of the meridian system, distribution laws of the meridians, distribution routes of the meridians and functions of the meridians and collaterals. Important acupuncture points will be discussed in the class.

1103  TCM and Chinese Culture  2 credits/30 hours
Prerequisites: None
Offers a cultural perspective on traditional Chinese medicine by tracing the historical development of both Chinese medicine and modern biomedicine in China, and emphasizes the cultural, environmental, and social-political events and interactions that have shaped the origin and development of traditional Chinese medicine.

1104  Anatomy & Physiology I  2 credits/30 hours
Prerequisites: None
Introduces the functions and interrelationships of the physical and biochemical structures of the human organism. Emphasis is on the structure and function of the human body systems and internal organs. In-depth discussions on cells, tissues, skin, bones, skeleton, joints, and muscles are included.

1105  Western Medical Terminology  2 credits/30 hours
Prerequisites: None
Introduction to the etymology and technical language used in Western biomedicine to describe the physiology and pathology of the human organism. Latin and Greek roots and constructions of the most commonly used medical terms.

1106  Surface Anatomy  2 credit/30 hours
Prerequisites: None
Provides students with a solid basis for the study of acupoints. This course introduces the structural and biological features of the superficial parts of the human body, especially the anatomical landmarks in the areas where the most important points are located. Also includes landmark anatomy of the muscles, nerves, bones, ligaments, nodes, glands and vessels from topographical view.
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1108  Clinic Observation I  1 credits/30 hours
Prerequisites: None
Clinic observation allows the student to witness first-hand the diagnosis of patients and the formulation and implementation of treatment strategies in an actual clinic setting. It provides a vital link between theoretical studies and practical application, and establishes the foundation for clinical work in the future. The student begins to learn the role of an acupuncturist in an actual clinical setting, along with basic principles of diagnosis and treatment. Students observe treatments performed by clinical instructors, supervisors and upper level students in the faculty/student clinic. Students keep a clinical notebook of treatments observed.

1201  TCM Diagnostics I  2 credits/30 hours
Prerequisites: TCM Theory
The first of a three-trimester series. This course combines didactic material on diagnostic theory with practical experience. Classical TCM diagnostic methods such as diagnosis by looking, hearing and smelling, asking and feeling. Includes in-depth discussion of commonly seen symptoms or signs of different diseases which gradually leads to the development of practical diagnostic skills.

1202  Point Location I  4 credits/60 hours
Prerequisites: TCM Theory
First of a two-trimester series. Students learn various point location systems: anatomical, proportional, by palpation, anatomical Chinese inch (cun) and fen, and the System of Nomenclature and Knowledge of Standards of the WHO Scientific Group to Adopt a Standard of International Acupuncture Nomenclature. Also included are the classification of points, forbidden points, functions and indications of acupuncture points, the location of approximately four hundred acupoints, and the location and trajectory of the twelve regular meridians, eight extra meridians and fifteen collateral vessels. This course focuses on the location, indications and contraindications, needle depths, general anatomy, and clinical energetics of the points of the Lung, Large Intestine, Stomach, Spleen and Heart meridians.

1203  TCM Pathology  2 credits/30 hour
Prerequisites: TCM Theory
Covers the six exogenous, seven emotional, and miscellaneous pathogenic factors. Pathological mechanisms are discussed in depth. It covers disharmony of Yin and Yang, conflict between anti-pathogenic and pathogenic Chi, and abnormal descent or ascent of Chi. The mechanisms of common TCM patterns are discussed.
Master's Degree Program in Oriental Medicine

1204  Anatomy & Physiology II  2 credits/30 hours
Prerequisites: None
A continuation of 1104. The regulation, integration and maintenance of the body are discussed. Subjects include the central nervous system, peripheral nervous system, the sense organs, endocrine system, cardiovascular system, immune system and the lymphatic system.

1205  Microbiology  2 credits/30 hours
Prerequisites: None
A fifteen-hour course which introduces the classification and morphological features of pathogenic microorganisms and the immune system, including AIDS, hepatitis, TB and other infectious diseases. Provides students with important basic knowledge for the protection of the patient and practitioner in the clinical setting.

1206  TCM Dietary Therapy I  2 credits/30 hours
Prerequisites: TCM Theory
Combines modern and traditional Chinese medicine nutritional principles. Students are taught the roles of foods in health maintenance and foods as therapeutic supplements, and the use of food as medicine. As diet is one of the healing modalities of traditional Chinese medicine, this course covers the categorization of common foods in terms of energy, temperature, flavor and function, suggests dietary regimens for various health conditions, and discusses the preparation of common foods and herbal recipes. A variety of techniques for assessing a patient’s dietary intake and nutritional imbalances will be covered.

1207  Healing Qi Gong  2 credits/30 hours
Prerequisites: None
Healing Qi Gong is an integrated mind-body healing method that has been practiced with remarkable results in China for thousands of years. This course is mainly focused on Medical Qi Gong for healing and illness prevention. Starting with a general survey of several traditional Qi Gong systems practiced today, this course will cover the philosophy, historical development and scientific investigation of Qi Gong. The course consists of three components: lecture/instruction, Qi Gong exercises and meditation. After taking this course students can practice it for self-development or can teach it to patients to enhance the effects of acupuncture and herbal treatment.

1208  Clinical Observation II  1 credits/30 hours
Prerequisites: None
A continuation of 1108.
### Master’s Degree Program in Oriental Medicine

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<td>A continuation of 1201. Introduces two important diagnostic skills in Chinese medicine: tongue diagnosis and pulse diagnosis. Methods of tongue observation and taking the pulse, identification of different tongue pictures and pulse conditions and their different indications will be discussed in detail, with the goal of helping students establish a solid basis for the practice of these two important skills.</td>
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<td>A continuation of 1302. This course focuses on the Small Intestine, Urinary Bladder, Kidney, Pericardium, Triple Burner, Gall Bladder, Liver, Governing Vessel and the Conception Vessel meridians and extra meridians. Also included is a selection of extra points, the depths and angles of needle insertion, as well as contraindications for needling and moxibustion.</td>
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<tr>
<td>1303</td>
<td>Clinical Chinese Herbology I</td>
<td>4</td>
<td>60</td>
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<tr>
<td><strong>Prerequisites:</strong> TCM Theory</td>
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<td></td>
<td>First of a three-trimester series. This course provides botanical knowledge related to Chinese materia medica, a general introduction to Chinese medicine herbs, such as tastes and properties and methods of preparation, as well as specific details on eighty Chinese herbs, including classification, taste, properties, entering meridians, actions, indications, contraindications, and relevant research describing physiological action and preparation. Classes of herbs covered include those that release exterior conditions, herbs that clear Heat, and downward-draining herbs. Leading formulas for each category are introduced.</td>
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<tr>
<td>1304</td>
<td>Anatomy &amp; Physiology III</td>
<td>4</td>
<td>60</td>
</tr>
<tr>
<td><strong>Prerequisites:</strong> None</td>
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<tr>
<td></td>
<td>The continuation of 1204. Topics include the respiratory system, digestive system, urinary system, and the reproductive system. Body fluids, electrolytes, acid-base balance, human development and heredity are also discussed.</td>
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<tr>
<td>1305</td>
<td>TCM Dietary Therapy II</td>
<td>2</td>
<td>30</td>
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<tr>
<td><strong>Prerequisites:</strong> TCM Theory</td>
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<td></td>
<td>A continuation of 1206, introducing the application of Chinese medicine dietary therapy in internal medicine, gynecology, pediatrics and geriatrics. Designed to promote understanding of the specific nutritional and dietary needs of women at different stages of life, and of children during various developmental stages from a traditional Chinese medicine point of view. Foods and their specific Foods and dietary recipes with their TCM properties and functions for women, children and the elderly are addressed.</td>
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### Master's Degree Program in Oriental Medicine

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<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits/Hours</th>
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<tbody>
<tr>
<td>1306</td>
<td>Clinic Observation III</td>
<td>1 credits/30 hours</td>
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<tr>
<td></td>
<td>Prerequisites: None</td>
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<tr>
<td></td>
<td>A continuation of 1208.</td>
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<tr>
<td>2101</td>
<td>TCM Diagnostics III</td>
<td>4 credits/60 hours</td>
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<td></td>
<td>Prerequisites: TCM Diagnostics I &amp; II</td>
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<td></td>
<td>A continuation of 1301. Mainly covers the skills needed to collect and analyze the symptoms and signs of disease and make a pattern diagnosis. About 150 patterns commonly seen in the clinic are included. Students also learn how to fill out the patient chart and record findings, treatment, etc.</td>
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<tr>
<td>2102</td>
<td>Acupuncture Prescriptions</td>
<td>4 credits/60 hours</td>
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<td></td>
<td>Prerequisites: Point Location I &amp; II</td>
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<td></td>
<td>Introduces the principles of point selection and combination in clinical practice. Applications of specific points and principles of acupuncture point prescriptions are thoroughly discussed, as well as classical rules and contemporary methods for clinical point selection and combination.</td>
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<tr>
<td>2103</td>
<td>Clinical Chinese Herbology II</td>
<td>4 credits/60 hours</td>
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<tr>
<td></td>
<td>Prerequisites: TCM Theory</td>
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<tr>
<td></td>
<td>A continuation of 1303. Introduces 120 Chinese herbs and their classification, taste, properties, entering meridians, actions, indications, contraindications and preparation. Herbal classifications covered include herbs that clear away heat, drain dampness, expel wind dampness, and herbs that transform phlegm and stop coughing. Leading formulas for each category are introduced</td>
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<tr>
<td>2104</td>
<td>Western Medicine Pathology I</td>
<td>2 credits/30 hours</td>
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<tr>
<td></td>
<td>Prerequisites: Anatomy &amp; Physiology I, II &amp; III</td>
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<td>Students study Western biomedical approaches to the etiology, progression, and pathology of disease with a view toward developing a deeper understanding of this dominant medical perspective. This understanding will improve communication skills with health professionals and patients. The pathologic basis of some major diseases will be covered, including cell injury, inflammation, genetic diseases, neoplasia, infection, blood vessel diseases and immune disorders.</td>
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<tr>
<td>2105</td>
<td>Medical Chinese*</td>
<td>2 credits/30 hours</td>
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<td>Prerequisites: None</td>
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<td>This is an introductory course to reading and researching Chinese medical literature. The commonly used Chinese medical terms are the focus of this course. The skills for researching the Chinese medical literature with the help of dictionaries are mastered in this class.</td>
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<tr>
<td>2106</td>
<td>Clinic Observation IV</td>
<td>1 credits/30 hours</td>
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<td></td>
<td>Prerequisites: None</td>
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<tr>
<td></td>
<td>A continuation of 1306.</td>
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</table>
Master’s Degree Program in Oriental Medicine

2201 OSHA/CNT 1 credit/15 hours
Prerequisites: None
Teaches the student sterilization and sanitation procedures as they apply to the practice of acupuncture. Also includes commonly used cleaning needle techniques. Enable the student to meet the requirements of work in the acupuncture clinical environment. One of the requirement for national certification. OSHA introduces the regulations of the Occupational Safety and Health Administration as applied at city, state and federal levels. Public safety issues are extensively discussed.

2202 Acupuncture Techniques 4 credits/60 hours
Prerequisites: Point Location I & II
Provides an in-depth discussion of various acupuncture and moxibustion techniques. Includes commonly used techniques, such as the use of varieties of needles, manipulations, electro-acupuncture techniques, cupping therapies, moxibustion therapies, and so on. The indications of the various techniques will also be covered in this course.

2203 Clinical Chinese Herbology III 4 credits/60 hours
Prerequisites: TCM Theory
Introduces 120 Chinese herbs and their classification, tastes, properties, entering meridians, actions, indications, contraindications and preparation. Herbal classifications to be covered include herbs that warm the interior and expel Cold, aromatic herbs that transform Dampness, herbs that relieve food stagnation, herbs that regulate Chi and Blood, astringent herbs, substances that calm the spirit, aromatic substances that open the orifices, and herbs that extinguish Wind and stop tremors. Leading formulas for each category are introduced.

2204 CPR/First Aid 1 credit/15 hours
Prerequisites: None
Teaches students the basic emergency procedures used in first aid situations. Trauma, burns, soft tissue injuries, bandaging and splinting techniques and emergency childbirth are among the topics covered. Techniques in basic cardiopulmonary resuscitation (CPR) are introduced.

2205 Western Medicine Pathology II 2 credits/30 hours
Prerequisites: Anatomy & Physiology I, II & III
In this course students will study the Western biomedical approaches to disease origination, progression, and pathology with a view toward developing a deeper understanding of this dominant medical perspective, and communicating with other health professionals and patients. The major pathologies and the therapeutic strategies of each of the major body and organ systems will be covered, including the cardiovascular, neurological, respiratory, musculoskeletal, uro-genital, gynecological, and gastroenterological systems, and the heart, the liver and the kidneys.
Master’s Degree Program in Oriental Medicine

2206 Clinical Observation V 1 credits/30 hours
Prerequisites: None
A continuation of 2106.

2301 TCM Treatment Principles 2 credits/30 hours
Prerequisites: TCM Theory; TCM Diagnostics I, II & III
This class introduces the eight treatment principles, the different patterns covered by them and the commonly used herbs, formulas and points for each of these patterns. It will discuss the meaning, the application and the indications of the eight treatment principles and the manifestations with detailed analysis of these patterns.

2302 Auricular Acupuncture 2 credits/30 hours
Prerequisites: Point Location I & II
The ear is one of the most clinically significant microsystems in traditional Chinese medicine. Students will examine the physical structures of the outer ear, locate acupoints on the various auricular surfaces, and study those acupoints in their therapeutic and diagnostic applications. Auricular acupuncture will be presented both as an independent modality and in combination with major-meridian acupoint selection strategies for a number of disorders, including chemical dependency and detoxification.

2303 Chinese Herbal Formulas I 4 credits/60 hours
Prerequisites: Chinese Herbology I, II & III
First in a three-trimester series. Covers general knowledge of Chinese formulas and prescriptions, such as the relationship between formulas and therapeutic principles, commonly used therapeutic methods, classification, composition, patterns and the preparation of formulas. The primary focus is on the applications and modifications of individual formulas. After completing this class, students are expected to be able to correctly select and modify a formula according to an accurate pattern correctly identified. As one of the most important courses in Chinese medicine, this course will provide students with the most important therapies in Chinese Medicine.

2304 Western Physical Assessment 4 credits/60 hours
Prerequisites: Anatomy & Physiology I, II & III
The purpose of this course is acquaint the students with Western physical diagnostic processes combining history taking, physical examination and differential diagnosis. Common physical examinations of the skin, head and neck, eyes, ears, nose and throat, thorax and lungs, heart and neck vessels, peripheral vascular system and lymphatic system, abdomen, muscular and skeletal system, neurological system, male genitalia, female genitalia/breast will be introduced & covered.
### Master’s Degree Program in Oriental Medicine

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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
<th>Hours</th>
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<tbody>
<tr>
<td>2305</td>
<td>Medical Tuina</td>
<td>2</td>
<td>30</td>
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<td></td>
<td><strong>Prerequisites:</strong> TCM Theory</td>
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<td></td>
<td>Introduces the principles and techniques of the traditional Chinese physical therapy known as Tuina. Students are trained to a level of basic proficiency in the treatment of structural and soft-tissue injury and dysfunction. Students learn how to deal with common health problems including general health, shoulder, neck, abdominal, common-cold, and headache protocols. Training is intended to develop the students’ physical approach to bodywork as a primary or complementary modality in their practice.</td>
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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
<th>Hours</th>
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<tbody>
<tr>
<td>2306</td>
<td>Clinical Observation VI</td>
<td>1</td>
<td>30</td>
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<tr>
<td></td>
<td><strong>Prerequisites:</strong> None</td>
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<tr>
<td></td>
<td>A continuation of 2206.</td>
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<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
<th>Hours</th>
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<tbody>
<tr>
<td>3101</td>
<td>TCM Internal Medicine I</td>
<td>4</td>
<td>60</td>
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<tr>
<td></td>
<td><strong>Prerequisites:</strong> Point Location I &amp; II; Chinese Herbology I, II &amp; III</td>
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<td>This course focuses on discussion of about 30 commonly seen diseases in TCM internal medicine which are treated with herbal medicine. Each of the diseases is introduced by name, etiology, pathogenesis, pattern differentiation, main manifestations, analysis of the clinical manifestations, treatment principles, formulas and their modifications.</td>
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<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>3102</td>
<td>Neurological Disorders in TCM</td>
<td>2</td>
<td>30</td>
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<tr>
<td></td>
<td><strong>Prerequisites:</strong> Point Location I &amp; II; Chinese Herbology I, II &amp; III</td>
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<td>This course introduces the techniques and skills on how to treat neurological disorders. It will cover the main manifestations of different conditions of the neurological system, their pattern differentiation and the herbal medicine and acupuncture treatment techniques.</td>
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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
<th>Hours</th>
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<tbody>
<tr>
<td>3103</td>
<td>Chinese Herbal Formulas II</td>
<td>4</td>
<td>60</td>
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<tr>
<td></td>
<td><strong>Prerequisites:</strong> Chinese Herbology I, II &amp; III</td>
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<td>A continuation of 2303. Sixty classical formulas and their variations are presented and treatment strategies are discussed. Formula groups to be covered include formulas that harmonize, expel Dampness, warm interior Cold, and tonify.</td>
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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
<th>Hours</th>
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<tbody>
<tr>
<td>3104</td>
<td>Western Internal Medicine</td>
<td>4</td>
<td>60</td>
</tr>
<tr>
<td></td>
<td><strong>Prerequisites:</strong> Anatomy &amp; Physiology I, II &amp; III; Western Pathology I &amp; II</td>
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<td>A review of pathology, signs, symptoms, diagnosis and preferred treatment modalities for major internal disorders according to Western medicine. This course will focus on an understanding of the internal medicine system. Examination techniques and clinical aspects of internal disorders are discussed.</td>
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</table>
Master's Degree Program in Oriental Medicine

3105 Advanced Acupuncture Techniques*  2 credits/30 hours
Prerequisites: Point Location I & II
This is an advanced course in acupuncture techniques and skills. It focuses on the needling techniques and skills on the 100 commonly used acupuncture points. A variety of techniques and skills on a given point or a specific disease will be discussed and demonstrated.

3106 Clinical Practice I  4 credits/120 hours
Prerequisites: Pre-clinical Exam
Student Interns work in teams of two under the supervision of a Clinic Supervisor. Student Interns are responsible for all aspects of Clinic organization and operation, patient diagnosis and treatment using acupuncture, herbs and other TCM healing modalities. Teams remain together throughout this stage, and all members of a team are responsible for safe and appropriate patient treatment, from the initial patient visit through diagnosis, record keeping and case management. One team member is responsible for application of treatment, while the other team members act as assistants and are present throughout the treatment. All team members are responsible for maintaining the appropriate level of professional medical care at all times.

3201 TCM Internal Medicine II  4 credits/60 hours
Prerequisites: Point Location I & II; Chinese Herbology I, II & III
This is the continuation of 3101. More Chinese medicine internal medicine conditions are covered.

3202 Musculo-Skeletal Disorders in TCM  2 credits/30 hours
Prerequisites: Point Location I & II; Chinese Herbology I, II & III
This course provides knowledge and skills on how to treat musculo-skeletal conditions, both acute and chronic. It will cover the main manifestations of different conditions of the musculo-skeletal system, their pattern differentiation and the herbal medicine, acupuncture and Tui Na treatment techniques.

3203 Chinese Herbal Formulas III  4 credits/60 hours
Prerequisites: Chinese Herbology I, II & III
A continuation of 3103. Sixty classical formulas and their variations are presented and treatment strategies are discussed. Formula groups to be covered include formulas that regulate Chi, invigorate Blood, stop bleeding, stabilize, and calm the spirit.

3204 Pediatric Tui Na  2 credits/30 hours
Prerequisites: TCM Theory; Point Location I & II
In this course, basic principles are learned through lectures, and essential techniques are demonstrated through hands-on experience. Indications and contraindications of major Tui Na techniques will be addressed and Tui Na techniques are applied to common health problems of children.
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3205 Scalp and Hand Acupuncture 2 credits/30 hours
Prerequisites: Point Location I & II
This course provides students with the special point or zones in the scalp, their locations, indications, needling methods and their applications in different diseases. It will also cover the hand acupuncture techniques, including the points, their indications and their clinical applications.

3206 Clinical Practice II 4 credits/120 hours
Prerequisites: Pre-clinical Exam
A continuation of 3106.

3301 TCM Dermatology 2 credits/30 hours
Prerequisites: Point Location I & II; Chinese Herbology I, II & III
Treatment strategies of Chinese herbal medicine for skin disorders are discussed. Subjects include bacterial, viral, and fungal infections, dermatitis, inflammatory reactions, scaling disorders and autoimmune rheumatologic skin diseases.

3302 Chinese Patent Herbal Medicine 2 credits/30 hours
Prerequisites: Chinese Herbology I, II & III
Reviews traditional Chinese patent herbal formulas which are widely prescribed both in China and the United States. The therapeutic functions and classifications of the herbal patents are discussed, and students are taught to use them effectively. Both pattern-oriented classical formulas and disease-oriented modern formulas are discussed.

3303 Survey Of Health Care Systems 2 credit/30 hours
Prerequisites: None
An overview of Western health care systems. Health insurance and provider systems, HMO’s, general medical practice and specialties are discussed. The goal is to promote effective communication with other health and medical practitioners, to make effective referrals, and to better understand patients’ prior treatments. A comparison of conventional medicine and complementary medicine is discussed.

3304 Laboratory Data Reading 2 credits/30 hours
Prerequisites: Anatomy & Physiology I, II & III; Western Pathology I & II
Helps the student develop basic skills in interpreting medical images such as X-rays, CT scans and MRI. The student learns to read common Western medical diagnostic tests in conjunction with his/her future practice.
Master's Degree Program in Oriental Medicine

3305 Yellow Emperor's Internal Classic* 2 credits/30 hours
This course provides students with the chance to read, understand and explore the original text in the Yellow Emperor's Internal Classic, the book that laid the foundation for Chinese medicine theory, with an aim to understand Chinese medicine concepts and theory at an advanced level.

3306 Clinical Practice III 4 credits/120 hours
Prerequisites: Pre-clinical Exam
A continuation of 3206.

4101 TCM Gynecology/Obstetrics 4 credits/60 hours
Prerequisites: Point Location I & II; Chinese Herbology I, II & III
Outlines the TCM diagnosis and treatment of common gynecological and obstetrical disorders, including menstrual disorders, breast disorders, reproductive disorders, and pregnancy and postpartum disorders. Classical and contemporary Chinese herbal approaches are discussed.

4102 Febrile Diseases 2 credits/30 hours
Prerequisites: Chinese Herbology I, II & III
This course introduces the basic concepts, principles, pattern diagnosis and treatment of common diseases caused by invasion of wind cold or epidemic pathogenic factors. Focuses will be on the specific pattern diagnosis, analysis of the patterns and application of herbs in these two systems.

4103 Western Gynecology/Pediatrics 2 credits/30 hours
Prerequisites: Anatomy & Physiology I, II & III; Western Pathology I & II
This course introduces students to Western-medicine diagnosis and treatment of common gynecological and pediatric disorders. Pathology, signs, symptoms, diagnosis and preferred treatment modalities for major gynecological and pediatric disorders are discussed.

4104 TCM Geriatrics 2 credits/30 hours
Prerequisites: Point Location I & II; Chinese Herbology I, II & III
This course mainly discuss the common diseases of the elderly in practice. The common diseases of the respiratory, cardiovascular, digestive, urinary, immunologic, endocrine systems, as well as emotional disorders in the elderly are covered, with an emphasis on the characteristics of pathogenic factors, pathogenesis, treatment and prevention.

4105 Board Review 2 credits/30 hours
Prerequisites: Core curriculum in TCM Basics, Acupuncture, and Biomedicine
Familiarizes students with NCCAOM protocols for the national board examinations; introduces techniques to effectively prepare and study for the national exams; provides sample tests to enhance student preparedness.
### Master's Degree Program in Oriental Medicine

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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits/Hours</th>
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<tbody>
<tr>
<td>4106</td>
<td>Clinical Practice IV</td>
<td>4/120</td>
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<tr>
<td><strong>Prerequisites:</strong></td>
<td>Pre-clinical Exam</td>
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<td></td>
<td>Under supervision of a Clinic Supervisor, Student Interns, working alone, handle all phases of Clinic organization and operation and diagnose and treat patients with acupuncture and herbs. The Student Intern is responsible for the safe and appropriate provision of acupuncture, which includes all aspects of the case from the initial patient visit, diagnosis, record keeping and case management.</td>
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<tr>
<td>4201</td>
<td>TCM Psychology</td>
<td>2/30</td>
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<td><strong>Prerequisites:</strong></td>
<td>TCM Theory</td>
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<td>Offers many interesting topics, such as how Chinese medicine looks at emotions, sentiments and feelings, how Chinese medicine analyzes the relationship between psychological problems and disease of the body and how Chinese medicine treats psychological disorders with physical manifestations or physical diseases with psychological problems. After this class, the student is expected to be able to provide future patients with more helpful advice, helping them to heal faster from a psychological perspective.</td>
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<tr>
<td>4202</td>
<td>Western Pharmacology</td>
<td>2/30</td>
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<tr>
<td><strong>Prerequisites:</strong></td>
<td>Anatomy &amp; Physiology I, II &amp; III; Western Pathology I &amp; II</td>
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<td>This course is a survey of Western pharmacology, with emphasis on the most commonly prescribed medications. Upon completing this course, students will be able to demonstrate knowledge of different classifications of Western medications, their indications and therapeutic uses, side effects, interactions with other medications and the risks associated with each medication.</td>
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<tr>
<td>4203</td>
<td>Medical Referral</td>
<td>2/30</td>
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<tr>
<td><strong>Prerequisites:</strong></td>
<td>Anatomy &amp; Physiology I, II &amp; III; Western Pathology I &amp; II</td>
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<td>Covers the common diseases or emergencies that may be met with in the acupuncture clinic. Such diseases as acute heart attack, abdominal pain and bleeding due to ectopic pregnancy will be included. Establishment of a medical referral system for a variety of emergency conditions is also discussed.</td>
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<td>4204</td>
<td>TCM Counseling</td>
<td>2/30</td>
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<tr>
<td><strong>Prerequisites:</strong></td>
<td>TCM Diagnostics I, II &amp; III</td>
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<td>Provides methods for developing listening/communication skills and establishing rapport with patients. Effective and efficient communication with patients is emphasized. Counseling skills are further developed in the framework of the four examinations.</td>
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<tr>
<td>4205</td>
<td>Advanced Herbal Prescriptions*</td>
<td>2/30</td>
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<tr>
<td><strong>Prerequisites:</strong></td>
<td>Chinese Herbology I, II &amp; III</td>
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<td>This course is based on analyzing the inter-connection of the indications of formulas for a group of inter-related conditions, this class will offer students a better understanding of the compositions, indications and modifications of commonly used formulas.</td>
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</tbody>
</table>
Master’s Degree Program in Oriental Medicine

4206  Clinical Practice V  4 credits/120 hours
Prerequisites: Pre-clinical Exam
A continuation of 4106.

4301  TCM Case Studies  2 credits/30 hours
Prerequisites: Point Location I & II; Chinese Herbology I, II & III
Unique and complicated cases from the experience of long-term practitioners will be presented in this course. Also provides the opportunity for students to bring in difficult cases for discussion.

4302  TCM Pediatrics  2 credits/30 hours
Prerequisites: Point Location I & II; Chinese Herbology I, II & III
Introduces the basic principles of pediatric medicine, including common signs and symptoms of pediatric disorders. TCM pattern differentiation and treatment strategies for common pediatric diseases are discussed.

4303  Practice Management  2 credits/30 hours
Prerequisites: None
Introduces students to the basics of acupuncture business practice and management. Record keeping, informed consent, patient expectations, professional liability, patient contracts, insurance and billing, public education, and advertising and marketing are some of the topics which will be discussed.

4304  Ethics, Legal and Professional Issues  2 credits/30 hours
Prerequisites: None
This course examines the legal environment in which Chinese medicine operates, the scope of practice, and the acupuncture laws governing Minnesota and other states. The development of communication and counseling skills in professional practice is also stressed. Patient confidentiality, patient sensitivity to potential offenses and cultural differences are emphasized.

4305  Sensory Organ Disorders in TCM*  2 credits/30 hours
Prerequisites: Point Location I & II; Chinese Herbology I, II & III
This course introduces the etiology, clinical manifestations, diagnosis and treatment of the common sensory organ disorders. The focus is on the differential diagnosis of sensory organ disorders and analysis of the pathogenesis and to master different therapeutic methods.

4306  Clinical Practice VI  4 credits/120 hours
Prerequisites: Pre-clinical Exam
A continuation of 4206.

Note: Courses marked with an asterisk (*) are elective.
The Chinese Tuina Massage Program is a 41-trimester-credit and 660-clock-hour certificate program. Students with a high school diploma or equivalent degree are qualified to enroll in this program. The purpose of this program is to train professional Tui Na therapists to restore, promote and maintain health through Tuina manipulations with a solid understanding of anatomy and physiology. The tuina certificate program is offered in English-Language and Chinese-language formats.

Curriculum Guide

First Trimester

<table>
<thead>
<tr>
<th>Course #</th>
<th>Course Title</th>
<th>Hours</th>
<th>Credits</th>
<th>Hours/Week</th>
</tr>
</thead>
<tbody>
<tr>
<td>TN1101</td>
<td>TCM Theory</td>
<td>60</td>
<td>4</td>
<td>4</td>
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<td>TN1102</td>
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Second Trimester

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Third Trimester

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<td>TN3105</td>
<td>Practice Management and Ethical and Professional Issues</td>
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<td>TN3106</td>
<td>Clinic Practice</td>
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The program totals 660 hours, with 570 didactic hours and 90 clinic hours.
Chinese Tuina Massage Program

Course Descriptions

TN1101  TCM Theory  4 credits/60 hours
Prerequisites: None
This course provides students with the most basic and important concepts and theories in Chinese medicine, including the Yin Yang and Five Element theories, and the theories of Qi, Blood, Body Fluids and Viscera Manifestations. It provides students with solid basis for the study of all future courses in the Tuina study.

TN1102  TCM Pathology  2 credits/30 hours
Prerequisites: None
This course covers the six exogenous pathogens, seven emotional factors and miscellaneous pathologic factors as well as pathological mechanisms or pathogenesis in Chinese medicine. The pathological portion covers disharmony between Yin and Yang, conflict between vital Qi and pathological factors, disturbance of the movement of Qi and the mechanism of different patterns of the Zang Fu organs.

TN1103  Meridians and Points I  4 credits/60 hours
Prerequisites: None
This course is to acquaint students with the theory of meridians and commonly used points in Chinese medical Tuina. Lecture includes the course and therapeutic functions of meridians. Location, functions and indications of points used in Tuina are covered. The twelve regular meridians and points will be discussed.

TN1104  Anatomy and Physiology I  2 credits/30 hours
Prerequisites: None
This course, the first in the Anatomy and Physiology curriculum, introduces the anatomical, histological and chemical structure of the human body on different organizational levels. It includes detailed discussions of the general anatomy, physiology of cells, tissues and skin. The second part of the class concentrates on the musculoskeletal system, and begins with an introduction to the general anatomy and physiology of bones, joints and muscles. It concludes with a discussion of individual bones and muscles of the upper limb.

TN1105  Introduction to Tuina  1 credit/15 hours
Prerequisites: None
This is an introductory course to Chinese medical Tuina. It will discuss the origin and development of Tuina therapy, different schools of Chinese Tuina, mechanisms of Tuina treatment, and application of Tuina, with a focus on providing a general overview of the Tuina therapy to students.
Chinese Tuina Massage Program

TN2101 TCM Diagnostics I
Prerequisites: TCM Theory
This is the first TCM Diagnostics course. It mainly deals with the four diagnostic skills in Chinese medicine (Observing, Smelling and Listening, Inquiring and Palpating), including tongue and pulse diagnosis. The focus is placed on clinical application of these skills and analysis of the clinical significance of the symptoms and signs gained by the four skills.

TN2102 TCM Diagnostics II
Prerequisites: TCM Theory
This course is a continuation of TCM Diagnostics I, and develops the student’s knowledge of the basic diagnostic skills needed to make pattern identification. It covers the patterns commonly seen in the clinic, with detailed discussion of the causes, pathogenesis, symptoms, symptoms analysis and essentials to make the diagnosis of patterns. After taking this class, students will be able to skillfully apply diagnostic techniques, make a correct pattern diagnosis and differentiate one pattern from others. The TCM understanding of the classification of disease and its relationship with symptoms, signs and patterns as well as case studies will discussed.

TN2103 Meridian and Points II
Prerequisites: TCM Theory
This is the second part of the course Meridians and Points. This course will continue to cover the twelve regular meridians. The eight extra meridians, the twelve divergent meridians, the fifteen Luo-collaterals, the twelve muscular system, the twelve cutaneous areas will also be covered. Points on the regular meridians, the Ren and Du meridians, extra points, and those points specially used in pediatric Tuina are discussed.

TN2104 Anatomy and Physiology II
Prerequisites: None
This course is a continuation of Anatomy and Physiology I. The main subjects are the skeletal, muscular, and nervous systems. Individual bones and muscles of the body will be discussed, including their locations, connections, and, in the case of muscles, their origin, insertion, function and nerve supply will be described. Lecture on the nervous system will cover the general organization, anatomical location and function of various nervous tissues.

TN2105 Anatomy and Physiology III
Prerequisites: None
This course is a continuation of Anatomy and Physiology II. It mainly focuses on the internal organ systems and their anatomical and histological structure, and the physiological processes which form their functional basis.
**Chinese Tuina Massage Program**

**TN2106 Tuina Techniques**  
2 credits/30 hours  
**Prerequisites:** TCM Theory  
This course will be dedicated to the manipulations of Chinese medical Tui Na. Nearly thirty manipulation techniques will be introduced. Lectures will focus on the essentials of techniques. The functions and indications of each technique are discussed as well. All techniques will be demonstrated in class. Students will have opportunities to practice on each other supervised by experienced instructors.

**TN2107 Clinic Observation**  
1 credit/30 hours  
**Prerequisites:** None  
Clinic observation allows students to witness the diagnosis and treatment of patients in a clinic setting. It provides a vital link between theoretical studies and practical application, and establishes the foundation for clinical work in the future. Students learn the procedures of Tuina, along with the basic principles of diagnosis and treatment. The students observe treatments performed by clinical instructors, supervisors and upper level students in the faculty/student clinic. Students will keep a clinical notebook of treatments observed.

**TN3101 Tuina in Internal Medicine**  
2 credits/30 hours  
**Prerequisites:** TCM Theory; Meridians & Points I & II  
This course introduces Tuina as it applies to internal disorders. A total of 30 diseases of the respiratory, digestive, circulatory, and urinary systems, as well as emotional imbalance will be introduced. Discussions include the etiology, pathogenesis, main manifestations, diagnosis, differentiation of patterns, and Tuina treatment. Instructors will demonstrate the Tuina techniques and students will be asked to practice on each other.

**TN3102 Tuina in Sports Medicine**  
3 credits/45 hours  
**Prerequisites:** TCM Theory; Meridians & Points I & II  
This course introduces Tuina as it applies to sports medicine. A total of 30 diseases of the musculoskeletal-skeletal and neurological systems, and sport injuries will be covered. Discussions include the etiology, pathogenesis, main manifestations, diagnosis, differentiation of patterns, and Tuina treatment. Lectures will focus on the Tuina treatment. Instructors will demonstrate the Tuina techniques and students will be asked to practice on each other.

**TN3103 Tuina in Pediatrics**  
2 credits/30 hours  
**Prerequisites:** TCM Theory; Meridians & Points I & II  
This is a course of the clinical application of Tuina on children. A total of 20 pediatric conditions will be discussed in this course. For each condition, etiology, pathology, pattern identification, treatment principle, and Tuina manipulations are covered. Students will have a chance for demonstration under supervision of experienced practitioners.
**Chinese Tuina Massage Program**

**TN3104 Tuina for Health Maintenance**

1 credit/15 hours  
Prerequisites: TCM Theory  
This course introduces Tuina applied to health maintenance. Lectures cover health maintenance for the respiratory, digestive, reproductive, cardiovascular, and central nervous systems. Cosmetic Tuina will also be introduced. Demonstrations will be conducted by the instructor and student are asked to practice on each other.

**TN3105 Practice Management and Ethical and Professional Issues**

Prerequisites: None 1 credit/15 hours  
This course introduces students to the basics of Tuina business practice and management. Record keeping, informed consent, patient expectations, professional liability, patient contracts, insurance and billing, public education, advertising and marketing, legal compliance, and legal issues are some of the topics which are discussed. The legal environment in which Tuina operates, the scope of practice and ethics are examined. The development of communication and counseling skills in professional practice is also stressed. Patient confidentiality, patient sensitivity to potential offenses and cultural differences are emphasized.

**TN3106 Clinical Practice**

2 credits/60 hours  
Prerequisites: TCM Theory; Meridians & Points I & II; Clinic Observation  
Student interns work independently under the supervision of a Clinic Supervisor. Student interns are responsible for all aspects of clinic organization and operation, patient diagnosis and Tuina treatment. Students are responsible for maintaining appropriate level of professional care, and safe and appropriate patient treatment at all times, from the initial patient visit through diagnosis, record keeping and case management.
Student Policies

Please note: An electronic version of the Academy’s catalog is available online at www.AAAOM.edu. In the event of any discrepancy of content between the published catalog and the electronic catalog, the electronic version will take precedence over the published version.

Student Attendance

Students are expected to attend all regularly scheduled classes and clinic shifts, and special seminars as required. Students are responsible for all assignments and for the content of all classes. Anticipated absences from class need prior approval. Students should arrange for classmates to take notes in the event of excusable absence such as serious illness or injury, childbirth, and death in the immediate family. A student who has more than three absences from a class, or has missed more than 20% of the class content may not receive credit for that class. Tardiness may be counted as absence at an instructor’s discretion. Students are responsible for arranging to make up any missed work with the instructor, and must make up all assignments and/or exams in order to receive course credit.

Leave of Absence

A student may request a Leave of Absence, which allows him/her to interrupt study while maintaining current registration. The request for a LOA must be made in writing and is reviewed by the President or Program Director. Permission is usually granted for any of the following reasons:

1. Medical problems and maternity leave.
2. Financial difficulties.
3. Personal situations that warrant the student to temporarily suspend attendance, such as compulsory military service.
4. Emergency in the student’s immediate family.

The expected date of return must be specified, and an LOA is normally limited to no more than sixty days. After sixty days, students on LOA are dismissed and must re-enroll in order to return to the Academy. While a student is on LOA he/she is responsible for tuition payments which must be paid in their entirety before the student resumes attendance.

Students whose LOA extends beyond 60 days who wish to re-enter the program will need to re-apply under the admission policies then in effect and, if applicable, take all tests in courses which they have not fully completed. All missing work must be made up. Students on LOA must contact the Program Director in writing at least one week prior to the expiration of the LOA in order to arrange resumption of classes.
Student Records

Student academic records are maintained in permanent files in the Administration Office. A student record contains all documents relating to a student’s activities at the Academy including but not limited to: admissions, quarterly registration, tuition payments, correspondence, comprehensive exam scores, tuition agreement form, and health documents. Students must keep the American Academy of Acupuncture and Oriental Medicine informed of their current addresses and phone numbers.

Student interns and observers must document all clinical treatments and observations, to be signed by supervising faculty. These records must be handed in at the end of each quarter for administrative record-keeping. Students in clinic are required to follow federal regulations in regard to protected healthcare information.

Academic Progress

All students must continue to make satisfactory academic progress throughout the program to remain enrolled. Each trimester a minimum of fifteen credit units must be accomplished for full-time students. A minimum C average must be maintained for all courses taken in an academic year. “Satisfactory” must be achieved for all clinic work. A passing grade must be achieved for any comprehensive, demonstrative or oral examination. A student who does not maintain this minimum average will not be able to enroll for the subsequent academic year. Students who receive a failing grade in any course will be required to repeat that course, or complete appropriate remedial work with a passing grade, prior to continuation in advanced course work. Tuition for repeated courses will be assessed at current tuition rates.

In order to ensure that students have regular review by both faculty and administration, three points have been identified for evaluation:

1. At completion of one year of enrollment, all student records are evaluated for strengths and weaknesses and if remedial work is required, competence in the specific area must be demonstrated by the next evaluation.
2. Upon completion of the sixth trimester, students, if needed, will be advised of their strong and weak areas.
3. The preclinical examination, pre-board examination and comprehensive examination provide evaluation of program learning outcomes which are used as checkpoints for a student’s ability for continuing within and completing the program.

Comprehensive Examinations

The Academy uses two comprehensive examinations to determine the readiness of students to advance to the next phase of the program:

**Preclinical Examination:** This examination is given at the end of the sixth trimester. It is designed to test students on their comprehension, retention and ability to apply all material
Student Policies

covered during the first two years, including Chinese medicine theory, Chinese medicine pathology and diagnostics, meridians and point location, acupuncture techniques and treatment principles, clean needle techniques, Chinese herbology and Western biomedicine. Students must pass the written and practical components with a minimum average of 70% to advance to the next stage of study and practice, in which they will begin Group and Independent clinical practice.

Comprehensive Examination: This examination is given at the end of the eleventh trimester to test students on their comprehension, retention and ability to apply all material covered from the first through eleventh trimesters of the program. Chinese medicine theory, Chinese medicine pathology and diagnostics, meridians and point location, acupuncture techniques and treatment principles, clean needle techniques, Chinese herbal materia medica and formulas, acupuncture and Chinese herbal medicine clinical applications and Western biomedicine covered during this period are included. Students must pass the written and practical components with a minimum average of 70% to graduate from the Academy.

Academic Probation

Students who do not make satisfactory academic progress are placed on academic probation, with one trimester to make up the deficiency through an approved study plan. The student is notified of probationary status and this is recorded in the student’s file. The student must then submit a study plan to the Program Director for approval and is required to complete the approved study plan concurrent with his or her regular course load. Once each section of the study plan is completed, faculty responsible for the curriculum in the student’s areas of difficulty certify the student to be eligible for re-examination. When all deficiencies have been removed by passing these examinations, the student is readmitted in good standing to the program. Failure to complete all study plan requirements within one trimester will lead to reevaluation and possible dismissal from the program. A student on academic dismissal may apply to the Program Director for reinstatement and must provide evidence that shows an improved likelihood and capacity for academic success.

Student Professional Conduct

Academy students must conduct themselves in a professional, respectful and ethical manner in their relationships with their fellow students, instructors, Academy staff members and patients. Unprofessional conduct on school premises or in class includes, but is not limited to: reading newspapers and unrelated books in class; talking during lecture or while someone else has the floor; shouting at others; demonstrating lack of respect for others with differing opinions; consistently arriving late for class; causing distractions to others; unreasonable demands to the instructor or administration; behavior which constitutes sexual harassment. Students who display unprofessional conduct during class will be asked to leave the class. Behavior which occurs in school and which is disruptive to the educational process or the rights or safety of any individual must be reported to the Program Director. Depending on whether it is a disciplinary, academic or interpersonal issue, the Director will either handle the matter directly or refer it to the appropriate resource. Initial and subsequent incidents of unprofessional behavior will be handled in the sequence of verbal warning, written warning, academic probation and dismissal from the program.
The Academy has adopted the following drug and alcohol abuse policy to protect the health and well-being of the Academy, its students and employees: The possession, use or sale of alcohol and/or unauthorized or illegal drugs, or the misuse of any legal drugs on school premises, is prohibited and will constitute grounds for dismissal from the program. Any student under the influence of drugs or alcohol while on school premises will be subject to discipline, including dismissal from the program. Students should advise the Program Director of any use of prescribed drugs which may affect the student’s judgment, performance or behavior.

Student Grievance

AAAOM encourages truthful and frank dialogue among students, between students and faculty, and between students and the administration. In order to facilitate communication and satisfactory resolution of grievances, the following process should be followed:

1. The individual with the grievance should first attempt to resolve the issue directly with the individual or parties concerned.
2. If this dialogue fails to resolve a grievance, the individual (whether a student, or member of the faculty or administration) may arrange a meeting with the Academic Dean for appropriate consideration and resolution of the problem.
3. If, after step 2, the individual still believes the grievance has not been dealt with satisfactorily, he/she may make a written request to the Academic Dean for a hearing with an AAAOM Grievance Committee. A Grievance Committee, appropriate to the issue, will be formed of three members, including faculty, student and/or administrative personnel (who are not involved in the grievance). This Committee will be chosen by the President, unless the President is involved in the grievance, and then the choice will fall to a member of the Board of Directors who is not involved in the grievance. The hearing for the grievance will be held within 30 days from the date the written request is received by the Academic Dean or the President, and will be resolved before this committee.
4. After the decision of the Grievance Committee, if the individual believes the ruling is unfair, he/she may choose to contact the Minnesota Office of Higher Education at 1450 Energy Park Drive, Suite 350, St. Paul, Minnesota 55108, telephone number: 651-642-0567; or the Accreditation Commission for Acupuncture and Oriental Medicine (AAAOM), 8941 Aztec Drive, Eden Prairie, MN 55347; email: coordinator@acaom.org; Telephone (952) 212-2434; Fax (952) 657-7068. Web site: www.ACAOM.org for further assistance.

Student Rights and Privileges

All members of AAAOM, including faculty members, administrative staff, Board Directors, and Advisory Board members have a primary mission of assisting the student's academic progress, as effectively as possible, towards the completion of graduation requirements. At the Academy, students have the right and privilege to receive an appropriate educational program; to be informed about all school policies which pertain to students; to attend the college in an academic and social climate free from fear and violence; to be free from harassment, threats, or intimidation which create a hostile or offensive learning atmosphere; to utilize the learning resources pertaining to students; and to receive fair and reasonable treatment from those who enforce Academy policies. Students have the right to bring their concerns about academic or administrative rulings or procedures to the relevant department. It is the students’ responsibility to be informed of their rights and responsibilities.
**Student Policies**

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**Student Handbook**

The Academy’s Student Handbook is the student’s guide to the official policies and procedures of the Academy. The Handbook is distributed to all entering students and is also available upon request. Students are expected to be familiar with all of the policies and procedures contained in the Handbook.

**Clinic Handbook**

The Academy’s Clinic Handbook is the student’s guide to the official policies of the Academy Student Clinic. The Handbook is distributed to all students entering clinic observation and is also available upon request. Students are expected to be familiar with all of the policies and procedures contained in the Handbook.

**Equal Opportunity Statement and Notice of Nondiscrimination**

The American Academy of Acupuncture and Oriental Medicine (the Academy) is committed to the principles of equal employment opportunity and equal educational opportunity. The Academy does not unlawfully discriminate on the basis of race, color, creed, religion, national origin, sex, sexual orientation, gender identity or expression, family status, disability, age, marital status, status with regard to public assistance, membership or activity in a local commission, genetic information, or any other characteristic protected by applicable law. Additionally, as is required under Title IX, a federal law that prohibits discrimination on the basis of sex in any federally funded education program or activity, Title IX protects all members of our campus community who experience sex discrimination, sexual harassment, sexual assault, sexual misconduct, interpersonal violence (including dating and domestic violence), stalking, or discrimination on the basis of pregnancy. These protections apply to students, faculty, staff, contractors, applicants and campus visitors. The Academy is committed to creating and fostering a campus environment free from all forms of sex discrimination and harassment and these policies extend to all aspects of its operations, including but not limited to, employment, educational policies, admissions policies, scholarship and loan programs and all other educational programs and activities. All such harassment will not be tolerated from any employee, student or staff member, or third party.

Any questions regarding Title IX may be referred to the Academy’s Title IX Coordinator, or to the United States Department of Education, Office of Civil Rights, 500 West Madison Street, Suite 1475, Chicago, IL 60661-4544 Telephone: (312) 730-1560; Facsimile: (312) 730-1576 Email: OCR.Chicago@ed.gov
**Grading Standards**

Grades are determined by taking the average of all exam scores, with instructors reserving the right to adjust the final grade based on other academic factors, such as class participation, attendance, overall comprehension, effort and trimester improvement. Letter grades are assigned for all didactic and clinical training courses.

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Academy Graduates Pursuing Their PhD Degrees in China
Graduation Requirements

Completing the program of acupuncture and Oriental medicine at the American Academy of Acupuncture and Oriental Medicine requires four years of academic credit. In order to complete the program and receive the Masters degree of science in Acupuncture and Oriental Medicine, students must meet the following requirements:

1. Complete all required course work with at least a cumulative “C” average, and all clinical internships with an “S” grade.
2. Achieve at least a 70% passing grade on the Academy’s Comprehensive Examination.
3. Complete at least 360 treatments and 72 different cases utilizing TCM treatment modalities in clinic practice.
4. Satisfy all financial obligations to the Academy.

In order to complete the program and receive the certificate in Chinese Tuina Massage, students must meet the following requirements:

1. Complete all required course work with at least a cumulative “C” average, and clinical internship with an “S” grade.
2. Complete at least 40 treatments and 10 different cases utilizing Tuina techniques.
3. Satisfy all financial obligations to the Academy.

Graduation Rates / Median Loan Debt
For current information about our graduation rates, the median loan debt of students who completed the program, and other important information, please visit www.AAAOM.edu.
Admission Procedures

Application

Students may apply for admission at any time of the year, and may begin their studies at the beginning of any trimester. The following documents must be submitted for application:

1. Completed Application for Admission Form.

2. A letter stating applicant’s personal, educational and professional goals, with reasons for wishing to attend the American Academy of Acupuncture and Oriental Medicine.

3. Official transcripts from post-secondary institution(s) attended, indicating satisfactory completion of a minimum of two years’ post-secondary education.

Students who have completed their education in another country must have their foreign credentials evaluated by an agency by a recognized evaluation service, such as an agency which is an accredited member of the National Association of Credential Evaluation Services (NACES). A copy of the evaluation must be forwarded directly to AAAOM’s Admissions Office from the evaluation agency. Received transcripts will then be evaluated on a course-by-course basis.

4. Two letters of recommendation.

5. English is the language of instruction for all classes at AAAOM. An applicant whose native language is not English may be admitted to the program if s/he has previously completed a two-year (60 semester credits or 90 quarter credits) baccalaureate-level or graduate-level English-language education in an institution which is accredited by an agency recognized by the U.S. Secretary of Education; or has completed equivalent coursework at an institution in one of the following countries: the United Kingdom, Ireland, Australia, New Zealand, or Canada (except Quebec). Non-native speakers who have not completed the required credits at a qualifying English-language post-secondary academic institution must submit test results from the Test of English as a Foreign Language (TOEFL) internet-based test (iBT), or the International English Language Testing Service (IELTS) exam. AAAOM follows the standards set forth by ACAOM in their Criterion 5.2 (effective 2019) regarding English-language competency. For the TOEFL iBT, ACAOM requires a total score of at least 61, including a minimum score of 26 for the speaking test, and a minimum score of 22 on the listening test. For the IELTS exam, a minimum overall band score of level 6 is required. In addition, AAAOM requires a minimum TOEFL iBT score of 22 on the reading test, and a minimum score of 24 on the writing test. AAAOM will accept TOEFL or IELTS test results taken within the previous two years. AAAOM’s recipient code number to report scores is 0104. TOEFL web site: www.ets.org/toefl

6. Application fee of $50.00.

In addition to the documents required for admission, as noted above, an interview with a school official and a school tour can be arranged.

Admission Policy

To be eligible for admission to the Master degree program in acupuncture and Oriental medicine at the American Academy of Acupuncture and Oriental Medicine, applicants must have completed at least two academic years (60 semester credits or 90 quarter credits) of education at the baccalaureate level that is appropriate preparation for graduate level work, or the
Admission Procedures

equivalent (e.g., certification in a medical profession requiring at least the equivalent training of a registered nurse or a physician’s assistant) from an institution accredited by an agency recognized by the U.S. Secretary of Education. The 60 semester or 90 quarter credits requirement includes a completion of 20 semester credits or 30 quarter credits in general education courses with a minimum grade of “C.” These general education courses need to be in the following five categories: humanities, communications, social sciences, mathematics and natural sciences. Applicants must furnish two letters of recommendation from people who are in a position to evaluate the applicant’s general character, academic abilities, perseverance, and determination to pursue a career in Oriental medicine.

A maximum of 30 semester credits or 45 quarter credits (or 50%) of the 60 semester hours/90 quarter hours prerequisite education requirement may be earned through the following assessment techniques: the College Scholarship Services Advanced Placement examinations, the College Scholarship Service’ (CLEP) College Level Examination Program examinations, the American College Testing PEP (Proficiency Examination Program) examinations, the U.S. Armed Forces Institute and the Defense Activity for Non-Traditional Educational Support tests. Equivalency credit for corporate and military training may be assigned according to the recommendations established by the American Council on Education in the National Guide to Educational Credit for Training Programs and the Guide to the Evaluation of Educational Experience in the Armed Forces.

Credit Transfer

The Academy welcomes students who wish to transfer credits from other schools. In order for the Academy to consider a request to transfer credits for courses taken at other, accredited institutions at the baccalaureate level or above, a grade of “C” or a score of 70% is required in each course.

Students who wish to transfer credits from other schools must do so as part of the admissions process and must submit a Transfer Credit Assessment Form to the Academic Dean. Transfer credits may be granted by the Academic Dean based on a careful assessment of previous course work according to the Academy’s course requirements. If the course syllabus and materials perfectly match the Academy’s, then the Dean will grant transfer credits. If there is a question about the course content, the Dean may require a challenge examination.

To graduate from the Academy, students must take at least 50% of their total credits in the Academy’s curriculum.
Financial Information

American Academy of Acupuncture and Oriental Medicine strives to provide a high-quality education at a reasonable cost to the students. Tuition is based on the number of credits taken.

Tuition and Fees

- Application $50
- Foreign Student Application $100
- Registration $35
- Late Registration $50
- Tuition per Credit $325
- Independent Study Fee $75 (per credit)
- Transfer-Credit Application per Course $50
- Graduation Fee $100
- Malpractice Insurance Fee (per trimester) $100
- Late Drop/Add Fee $25
- Make-up Exam Fee $50
- Withdrawal Fee $100
- Maintain Active Status $75 (per trimester)
- Charge for Returned Check $25
- Official Transcript Fee $25
- Copy of Diploma $25
- Late Payment $150

The same rate of tuition and fees applies to both certificate and master’s degree programs. All fees are subject to change with sixty (60) days’ notice.

SELF Loan

The Minnesota Office of Higher Education administers the Student Educational Loan Fund (SELF), which helps students pay for their higher education. Students must be enrolled at least half-time and must have a credit-worthy co-signer to qualify for a SELF loan. Borrowers pay only the interest on SELF loans while in school. Graduate students in the Master’s degree program may borrow up to $20,000 per year (2015-2016). Students in the Tuina Certificate program may borrow up to $7,500 per year (2015-2016). Borrowers may choose either a fixed or variable interest rate on their loan. Repayment of the principal begins after graduation, and there are a number of repayment plans available. In the case of a withdrawal from school, refunds to the SELF Program are based on the Financial Aid Manual / SELF Loan Program, Section III, Appendix 10 of the Minnesota State Grant Program and on the Academy’s refund policy. Students should consult with the Financial Aid Administrator for more information about the SELF loan program, or visit: www.ohe.state.mn.us

Federal Financial Aid

The Academy provides federal Department of Education Title IV funds through the William D. Ford Federal Direct Student Loan Program (DSL Program) in the form of unsubsidized federal student loans. Subsidized loans are available to students who meet certain criteria. The federal government pays the interest on subsidized loans while the student attends school. Unsubsidized loans, includ-
Financial Information

ing Graduate Plus loans, are available to students regardless of financial need. Interest accumulates on unsubsidized loans from their inception. Repayment of the principal can be deferred until six months after the student graduates or withdraws from the program. Dollar amounts available through the DSL program as well as the interest charged are determined annually by the federal Department of Education and are subject to change. For loans disbursed after July 1, 2013, a graduate-level student could receive up to $20,500 per year in Direct Unsubsidized loans. The maximum interest rate for Direct Unsubsidized Loans made to graduate or professional students is 9.5%. Financial aid funds are typically disbursed at the beginning of each school trimester. To apply for and receive federal financial aid, students must be enrolled at least half-time (8 credits) and maintain satisfactory academic progress.

Refund Policy

Each student who applies to matriculate in the Academy’s Master’s degree program shall be notified of acceptance/rejection in writing. Matriculating students must sign a Student Enrollment Contract. Notwithstanding anything to the contrary, if a student gives written notice of cancellation within five business days of the execution of the Student Enrollment Contract a complete refund, with the exception of the Application Fee, will be given regardless of whether or not the program has started. If a student gives written notice of cancellation after five business days of the execution of the Student Enrollment Contract, but before the start of the program, any tuition, fees, or other charges paid will be refunded to the student, with the exception of the Application Fee, which will be retained by the school.

Written notice of cancellation of the Enrollment Contract shall take place on the date the letter of cancellation is postmarked or, in the case where the notice is hand carried, it shall occur on the date the notice is delivered to the school. Any notice of cancellation shall be acknowledged in writing within 10 days of receipt of such notice, and all refunds shall be forwarded to the student within 30 business days of receipt of such notice.

Once a student is enrolled, the school’s refund policy is based on the Registration Form, which is a subset of the Student Enrollment Contract. Like the Enrollment Contract, a Registration Form is considered a binding contract once it is signed by the student.

Refunds for dropped classes depend on the amount of time which has elapsed since the first day of the trimester. The following refund schedule indicates the tuition amount refunded based on days elapsed since the beginning of classes:

- One week (1-7 days) elapsed = 100% refund
- Two weeks (8-14 days) elapsed = 75% refund
- Three weeks (15-21 days) elapsed = 50% refund
- Four weeks (22-28 days) elapsed = 25% refund
- NO REFUND AFTER THE FOURTH WEEK
Facilities

Library

The Academy Library is a significant resource of the school. It contains over one thousand acupuncture and Chinese medicine-related books and videos in English, as well as a comprehensive collection of over 130 professional journals, including the monthly, bimonthly and quarterly journals of all Chinese medicine universities. In addition, the library contains more than 3,000 Chinese language acupuncture and Chinese medicine texts, and holds numerous three-dimensional physiological and acupuncture models for student use. The library is organized under such subjects as Acupuncture, Chinese Herbology, Chinese Clinical Medicine, Chinese Culture and Business, General Chinese Medicine, BioMedicine, General Complementary Medicine and Nutrition and Diet. Our goal is to have the most complete traditional Chinese medicine library outside of China.

Clinic

The Academy’s Faculty/Student Clinic provides acupuncture, Chinese herbal medicine, and other TCM treatment modalities, and is open to the public, Monday through Saturday. Evening hours are also available. Student clinical practice is divided into three stages: Observation, Group Practice and Independent Practice. Requirements for clinical observation and hands-on experience are provided by leading professors and practitioners of the Faculty/Student Clinic.

Herbal Pharmacy

The Faculty/Student Clinic maintains and operates a Chinese herbal pharmacy as a service to patients and for the education of our students, who fill herbal prescriptions during their clinic shifts. The pharmacy stocks most-commonly-used Chinese herbs and patent medicines.

Bookstore

As a service to students, the Academy’s bookstore stocks several hundred acupuncture and Chinese medicine books, charts, CD-Roms and other study materials such as moxa, acupuncture models, acupuncture needles, acupuncture and herbal charts, herbal supplies and herbal samples.
Faculty

Changzhen Gong received his Ph.D. from the University of Minnesota and his MS from Shandong University, China. He is the president of the American Academy of Acupuncture and Oriental Medicine, and executive director of TCM Health Center, and serves the chairman of Education Committee and vice president of American TCM Association. He has served as the chairman of the Continuing Education Committee of Minnesota Acupuncture Association and advisor for the Center for Integrative Health and Wellness Education at Normandale Community College. He came to the United States on a Fulbright Scholarship. He was an assistant professor at Shandong University and instructor at the University of Minnesota. Dr. Gong has written over 350 papers on education and traditional Chinese medicine.

Lili Tian attended Shandong University of Traditional Chinese Medicine in China, receiving her Bachelor's and Master's degrees in acupuncture, and her Ph.D. degree in acupuncture and traditional Chinese medicine. Dr. Tian took advantage of the National Inheritance Project in China, which places practitioners with well-regarded TCM doctors, to promote excellence in clinical practice. Dr. Tian was mentored by professor Shan Qiuhua, a famous acupuncture doctor in Shandong Province, acquiring direct knowledge of Professor Shan's rich clinical experience, needling skills, and academic thought. Dr. Tian has engaged in clinical acupuncture practice since 1992, working as Deputy Chief Physician in the Affiliated Hospital of Shandong Academy of Chinese Medicine and the Affiliated Clinic of Shandong University of TCM. She has published five books, various studies and journal articles on TCM, as well as participating in research projects at the national and international level. She has won several awards based on her research and obtained two Chinese patents on acupuncture devices.

Siming Yang graduated from Hunan University of Traditional Chinese Medicine with a Traditional Chinese Medical Doctor degree in 1982. In 1988, Dr. Yang received his Master's degree in traditional Chinese medicine under the guidance of Professor Xiao Zuotao, a recognized expert in traditional Chinese medicine. Dr. Yang served as Chief Director and Associate Professor at the Hunan University of TCM. He has contributed extensive publications to journals of Chinese medicine in the areas of clinical observations, experimental research, and the theory of Chinese medicine. Dr. Yang has co-authored several textbooks which are used in Chinese medical schools in China.

Lingguang Liu completed her undergraduate and graduate studies at the Hubei University of Traditional Chinese Medicine, receiving her Master's degree in acupuncture and moxibustion. She then attended the University of Hong Kong with a full fellowship to continue her doctoral research in neurology at the Li Ka-Shing Faculty of Medicine. Dr. Liu has worked in various clinical settings since 2003, including the Zhongnan Hospital of Wuhan University, Wuhan Union Hospital, and the Wuhan Chinese and Western Medicine Hospital, where she was a resident physician in the Department of Acupuncture-Moxibustion. As part of her doctoral studies at the University of Hong Kong, Dr. Liu contributed to research projects which focused on the use of acupuncture as neuroprotection against ischemic stroke. She has given presentations at international conferences of neuroscience in Hong Kong and the United States.

Qian Li graduated from the Shandong University of Traditional Chinese Medicine with a Traditional Chinese Medical Doctor degree. After graduation, he continued to study at Shandong University of TCM, receiving his Master's and Ph.D. degrees in basic theories of traditional Chinese medicine, with an emphasis on emotional disorders and internal medicine. He grew up in a family of traditional Chinese medicine practitioners, and was trained under the guidance of Professor Qiao Mingqi, a recognized expert in TCM. Dr. Li has published more than ten essays in professional journals in the areas of emotional disorder mechanism research, clinical observation, and epidemiological survey research.
Faculty

Yuejuan Bian graduated from Shandong University of Traditional Chinese Medicine with Bachelor’s and Master’s degrees in acupuncture and traditional Chinese medicine. She provided acupuncture and traditional Chinese medicine services at the Huantai Branch of Qilu Hospital of Shandong province, serving as attending doctor and assistant chief director in her department. She has published several studies in acupuncture and traditional Chinese medicine.

Wei Cheng graduated from Gansu College of Traditional Chinese Medicine with a TCMD degree, then worked for ten years at Gansu College’s affiliated teaching hospital as a registered doctor, specializing in traditional Chinese medicine practice. Dr. Cheng left hospital work to pursue an MBA degree at the Asian Institute of Technology in Bangkok, Thailand, with a special focus on the management of health care facilities. Dr. Cheng returned to his primary field of Chinese medicine to receive a Ph.D. degree from Shandong University of Traditional Chinese Medicine, in the area of classical Chinese medicine.

Zuobiao (Roy) Yuan had a training background in both traditional Chinese medicine and western medicine. He graduated from Jingxi University of Traditional Chinese Medicine (TCM) in 1993 with a bachelor degree of medicine, with numerous honors. Since then, he has been practicing internal medicine and surgery. In 2000, he gained his PhD degree of Medicine at Shanghai University of Traditional Chinese Medicine, one of the best programs in the field of Chinese Medicine in China. The Hospital where he worked as a resident, Longhua Hospital, is the only TCM hospital in China recommended by CNN television station. After that, he finished his surgical fellow training at the Medical School, Shanghai Jiaotong University, which is ranked number one in clinical medicine of China. He is one of the few TCM doctors who has passed the United States Medical Licensing Examination. He served as the past President of the Postdoctoral Association of the University of Iowa, and a Professor of Special Appointment at Shanghai Institutions of Higher Learning, Shanghai University of Traditional Chinese Medicine as well.
Faculty

**Nicholas Dougherty** Having a passion for health and wellness and having a strong need to bring his unique vision of healing to the world, Dr. Dougherty has been a Licensed Acupuncturist and NCCAOM diplomate since 2013. Since then he has had a strong desire to serve both his local community of patients through clinical outreach as well as his fellow acupuncturists by joining the MN Acupuncture Association as a board director in 2015 for which he currently serves as President. Dr. Dougherty has worked in private practice settings as well as one of the leading Integrative Medicine clinics in the United States, the Penny George Institute for Health and Healing. Through this work, he has garnered a unique view on the integrative approach to healthcare. Dr. Dougherty is a graduate of the Master’s program at the American Academy of Acupuncture and Oriental Medicine (AAAOM) in Minnesota, 2009. His need for further personal advancement and passion for education led Dr. Dougherty to continue his education by enrolling in the first doctorate program for TCM in Minnesota, of which he graduated in 2018 with a focus on integrative psychology and reproductive health.

**Thomas Finnegan** earned his Doctor in Chiropractic from Northwestern Chiropractic College in 1989 and went on to earn his Masters of Business Administration in 2010, his Masters of Science of Management in Healthcare Management and Management in 2013. Additional education and honors include a Diplomate, American Academy of Experts in Traumatic Stress, a Diplomate, American Association of Integrative Medicine and a Fellow, American Board of Disability Analysts. He has also served in the United States Air Force as a medical laboratory technician. Dr. Finnegan has been a local and national guest lecturer on the topics of Insurance Fraud and Educational success. Between 1989 and 2015 Dr. Finnegan completed multiple seminars on Eastern and Western Medical Philosophies as well as completing the Teachers Education Series through the University of Minnesota. He returned home in 1989 and practiced Chiropractic Medicine on Long Island, New York for 16 years while also investigating Medical Insurance Fraud. In 2004 he returned to Minnesota as a full time educator. Dr. Finnegan maintains a small active Chiropractic practice.

**Zhenling Qu** has more than 25 years of practicing and teaching experience in both Traditional Chinese and Western medicine. She is a graduate from the American Academy of Acupuncture and Oriental Medicine and a Diplomate of Oriental Medicine certified by the NCCAOM and a licensed acupuncturist with the Minnesota Board of Medical Practice. She also holds a Registered Nurse license in Minnesota. Before coming to the United States, Zhenling Qu taught and practiced at the Guangxi Province Women and Children’s Hospital, China.
Faculty

Wei Liu graduated from the Shandong University of Traditional Chinese Medicine and her MPH (Master of Public Health) in nutrition from the University of Minnesota. She is a licensed acupuncturist under the Minnesota Board of Medical Practice, a licensed nutritionist under the Minnesota Board of Dietetics and Nutrition Practice, a diplomate in Chinese herbology from NCCAM, and an item writer for the national certification of acupuncture and Chinese herbology. Dr. Wei Liu is the author of five books on acupuncture and Chinese medicine for general readers and the main author of a series of traditional Chinese medicine textbooks and professional guides. Dr. Wei Liu is the author of numerous articles on traditional Chinese medicine and nutrition and the presenter of the multi-media CD-ROM, “Complete Acupuncture.”

Xinrong He earned her medical training from Shanxi Taiyuan Medical College, and was an adjunct professor at the China Academy of Traditional Chinese Medicine. Dr. He has been trained extensively in both Chinese medicine and Western medicine, and is a member of the China Acupuncture Association. She has practiced integrated Chinese and Western medicine for thirty years. She is a T’ai Chi master of the Yang Style from a recognized T’ai Chi family. She is the author of many books and articles on traditional Chinese medicine. Dr. He is a licensed acupuncturist in Minnesota and a diplomate in Oriental bodywork therapy from NCCAOM.

Li Gu graduated from Beijing University of Traditional Chinese Medicine, Deputy Secretary General of the China Acupuncture Association, full professor at the China Academy of Traditional Chinese Medicine. Dr. Li Gu is a licensed acupuncturist in both Minnesota and California and a diplomate in acupuncture from NCCAOM. He is the Editor-in-Chief of China Standard Acupoint Charts, drafter of China Acupuncture Points Standard, Special Editor of the magazine, Traditional Chinese Medicine, and author of numerous books and articles on TCM. He has practiced traditional Chinese medicine for over thirty years.

James Stevenson is a graduate of Northwestern University Medical School, Chicago, and received his post-graduate training from Charles T. Miller Hospital, Hennepin County General Hospital and University of Minnesota Medical School. Dr. Stevenson integrates traditional Chinese medicine into his conventional medicine practice. He teaches Western internal medicine, medical terminology and Western physical assessment at AAAOM.
Faculty

**Dona McGlennen** graduated from the University of Minnesota with a B.A. degree in psychology. She graduated from Minneapolis Community College as an R.N. and obtained a Nurse Practitioner degree from the College of St. Catherine. Dona also attended the Minnesota Center for Shiatsu Studies. She has taught Western Pathology at Centerpoint. Dona teaches Western Physical Assessment, and Western Pathology.

**Tianwei Guo** graduated from Beijing University of Chinese Medicine with his Bachelor’s degree and Ph.D. degree in Acupuncture Moxibustion and Tuina. As a visiting scholar, he once researched in College of Pharmacy, University of Florida, supported by China Scholarship Council. Then Dr. Guo served as postdoctoral fellowship in Department of Oncology and Hematology, Dongzhimen Hospital, focusing on acupuncture treatment for cancer related pain, insomnia, fatigue, depression, etc. Dr. Guo has several publications on acupuncture treatment for depressive disorders.

**Xiaotian He** graduated from Hunan University of Chinese Medicine with her Bachelor’s degree. She received her Master degree in Acupuncture Moxibustion and Tuina, Beijing University of Chinese Medicine, focusing on acupuncture cosmetics, as well as blood withdrawal therapy for skin diseases. Then, Dr. He served as a general physician in Beijing Sanlitun Community Health Service Center.

**Ning Wu** received her PhD from Heilongjiang University of Traditional Chinese Medicine and was nominated as a “National Academic Inheritor of Chinese Medicine Leading Experts” after 12 years of training. She taught and practiced at Shanghai Longhua hospital with more than 25 years of clinical experience. She received her additional OMD (Doctor of Acupuncture and Oriental Medicine) in Los Angeles and focused on pain management before she joined AAAOM.
Selected Bibliography of Academy Faculty Members


Governance and Administration

Board of Directors

Wei Liu, M.D. (China), MPH, L.Ac.  Changzhen Gong, Ph.D., M.S.

Advisory Board

James Stevenson, M.D.  Janice Post-White, Ph.D.
Barbara Gislason, J.D.  Nancy Quam, B.S.
Bingwen Yan, Ph.D.  Shuxian Hu, MD
Kathy Chen, MS

Administration

President:  Changzhen Gong, Ph.D., M.S.
Academic Dean:  Lili Tian, M.D. (China), Ph.D. (China), L.Ac.
Chief Operating Officer:  Leila Nielsen, B.S.
Director of Student Services:  Zuobiao Yuan, M.D. (China), Ph.D. (China)
Clinic Director:  Siming Yang, MD (China), MS, L.Ac.
Admissions Officer:  Michelle Jones, MS
Registrar:  Jason Zhu, MPH
Financial Aid Administrator:  Cate Larson
Librarian:  Lora Shimer

Academy Students in China
Academic Calendar

Winter Trimester  
Wednesday: January 2  
Tuesday: April 9  
Wednesday-Tuesday: April 10-16

2019

Classes begin  
Last class day  
Final exams

Summer Trimester  
Monday: Monday 29  
Sunday: August 4  
Monday-Saturday: August 5-10

Fall Trimester  
Tuesday: September 3  
Monday: December 9  
Tuesday-Monday: December 10-16

2020

Classes begin  
Last class day  
Final exams

Winter Trimester  
Thursday: January 2  
Wednesday: April 9  
Friday-Thursday: April 10-16

Summer Trimester  
Monday: May 4  
Saturday: August 8  
Monday-Saturday: August 10-15

Fall Trimester  
Tuesday: September 8  
Monday: December 14  
Tuesday-Monday: December 15-20

Legal Holidays  
No classes, AAAOM offices and clinics closed.

2019  
2020

January 1  
January 1  
New Year’s Day

May 27  
May 28  
Memorial Day

July 4  
July 4  
Independence Day

September 2  
September 8  
Labor Day

November 28  
November 26  
Thanksgiving Day

December 25  
December 25  
Christmas Day
American Academy of Acupuncture and Oriental Medicine
Application For Admission

1. Name:_________________________________________Male___ Female___
   Last  First  Middle

2. Address: _______________________________________
   Phone: ______________________ (H) ______________________ (W)
   Email Address: _______________________________________

3. Date of birth: __________________ Place of birth: __________________

4. Country of citizenship: __________ 5. Social security number: __________

6. Ethnicity (circle one): White, non-Hispanic  Asian / Pacific Islander  Black, non-Hispanic
   Hispanic  American Indian / Alaska Native  Ethnicity Unknown

7. Please checkmark your choice:
   Status:  Full time_____  Part time_____  Non-diploma student_____
   Beginning:  Winter 2020____ Summer 2020____ Fall 2020____
                Winter 2021____ Summer 2021____ Fall 2021____

8. List all educational institutions that you have attended since high school in chronological order.

<table>
<thead>
<tr>
<th>Institution</th>
<th>Dates attended</th>
<th>Degree and date</th>
<th>Major field of study</th>
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</table>

9. List honors, prizes or scholarships previously awarded to you on the basis of academic
   achievement. Also list special skills, licenses and accomplishments.

   ______________________________________
   ______________________________________
   ______________________________________

10. List publications (articles, books, and research papers).

    ______________________________________
    ______________________________________
    ______________________________________
11. Employment History. List in chronological order the jobs you have held in the past 5 years.

<table>
<thead>
<tr>
<th>Employer Name</th>
<th>Position and Type of Employment</th>
<th>Dates</th>
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12. What is your current occupation? 

13. Have you ever had a credential or license revoked or suspended? Yes ____ No ____
   If yes, please explain:

14. Have you ever been convicted of a felony? Yes ____ No ____
   If yes, please explain:

15. Letters of recommendation. Please list the names and addresses of two persons you are asking to send letters of recommendation. These letters should be sent directly to AAAOM.

16. Personal statement. Please write a five-hundred-word essay (on a separate sheet) about yourself and why you want to attend AAAOM.

17. List your hobbies and other interests.

18. How were you referred to AAAOM?

The following materials must be submitted to AAAOM with this application.

A. Completed Application for Admission Form.
B. A letter stating your personal educational and professional goals including your reasons for wishing to attend the American Academy of Acupuncture and Oriental Medicine.
C. Application fee of $50.00. Foreign Student Application $100.00
D. Official transcript from all post-secondary institutions attended (sent directly to AAAOM from the institutions).
E. Two letters of recommendation.
F. Foreign students: Transcripts from foreign institutions must be evaluated by NACES member before submission. You must submit the results of a TOEFL or IELTS test if English is not your native language.

I hereby certify that the information given by me in this application is true and correct.

Signature ___________________________________ Date _____________________